

PORTUGAL MTB

TO BE AWESOME



EVENT UCI S1

1.2.3.4.5.6.MAY.2018

RACE GUIDE EN

1 MAY
PROLOGUE

VEISEU

2 MAY
1ST STAGE

VEISEU

CASTRO DAIRE

3 MAY
2ND STAGE

CASTRO DAIRE

SÃO PEDRO SUL

4 MAY
3RD STAGE

SÃO PEDRO SUL

SÃO PEDRO SUL

5 MAY
4TH STAGE

VOUZELA

6 MAY
5TH STAGE

VOUZELA

TERMAS
SÃO PEDRO SUL



PORTUGAL MTB TO BE AWESOME



ORGANIZATION

RACE DIRECTOR:
PRESIDENTE OF THE COLLEGE OF COMMISSIONERS:
COLLEGE OF COMMISSIONERS COMPOSITION:

PARTICIPANT RELATIONS:
ADVERTISING AND MEDIA:
HEAD OF FEED ZONES:
HEAD OF START /FINISH LINE:

REGISTRATION'S OFFICE:
HEAD OF LOGISTICS:
RACE MONITORING:
OFFICIAL PHOTOGRAPHER:

TIMING COMPANY:
TV PRODUCTION:

SPEAKER:
MEDICAL:

- André Duarte
- Beatriz Bertomeu
- Armando Esteves, Carlos Correia, Miguel Matos, António Rocha, Abílio Fidalgo
- Tatiana Coelho, Joaquim Santos
- Carlos Martins
- Isaura Martins
- Tatiana Coelho, Joaquim Santos
- Tatiana Coelho
- Adélio Duarte
- Daniel Novo
- Nelson Almeida
- STOPandGO
- STOPandGO
- Joaquim Amândio Santos
- Dr. Alberto Sousa

CONTACTS

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PORTUGAL MTB TO BE AWESOME UCI

UCI LICENSES

All foreign Federated athletes (who are not Portuguese or Spaniards) with a UCI license, must present a document from their respective federation, at the time of the Registration's Office, and validate that the insurance of the federated athlete is valid in our country.

PREPARE YOUR UCI CERTIFICATE

THE PORTUGAL MTB ORGANIZATION INFORMS THAT ALL THE RIDERS, WITH A FOREIGN LICENCE, NOT ISSUED BY THE PORTUGUESE CYCLING FEDERATION, MUST SHOW A WRITTEN AND PRINTED AUTHORIZATION FROM THEIR NATIONAL CYCLING FEDERATION THAT CERTIFIES THAT THEIR INSURANCE IS VALID IN PORTUGAL.

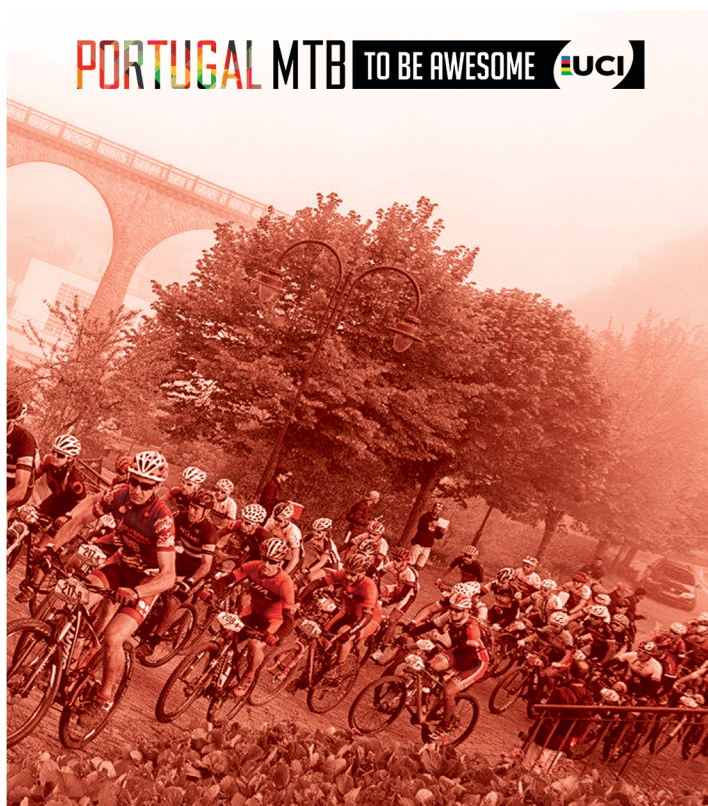
THIS DOCUMENT MUST BE SHOWN AT THE REGISTRATIONS OFFICE TO THE COMMISSIONERS IN ORDER TO COLLECT THE START NUMBER.

HAVE IT PREPARED!

LICENSES OF OTHER SPORTS (MOUNTAINEERING OR TRIATHLON, FOR EXAMPLE) FOR CYCLOTURING OR REGIONAL, ARE NOT VALID FOR UCI (INTERNATIONAL CYCLING UNION) CATEGORY RACE.

THIS INFORMATION IT'S EXCLUSIVELY FOR THE RIDERS WITH AN UCI LICENSE. THE RIDERS WITHOUT UCI LICENSE ARE COVERED BY THE RACE INSURANCE.

WWW.PORTUGALMTB.COM



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ACCIDENTS DURING THE RACE

There is an emergency telephone number on the reverse of all the frontal number (BIB) of the athletes, and it will be available 24 hours a day for the duration of the race.



In case of hospital admission:

- Federated athletes should contact their respective federation to activate the insurance.
- Non-federated athletes are covered by race insurance.

ATTENTION!!! This number is an emergency number in case of an accident. It should not be used for other questions than emergency issues in the event of an accident.

TEAMS - SEPARATION TIME BETWEEN ATHLETES DURING THE RACE

1. The athletes must always ride together of his team mate, and should remain within the maximum allowable separation time, i.e. 2 minutes.
2. The separation of the athletes can be measured in the beginning and in the end of each stage and in the several control points, but also can be appraised in any point during the entire race.
3. The separation of the athletes can be measured more than once during the entire stage, and penalties can be applied to each occurrence of separation between them outside the time limit allowed during a stage.

ANNOUNCEMENT

By decision of the College of Commissioners, in the 2018 Edition of Portugal MTB, all athletes who have a separation time from their team-mate superior to the time stipulated in Rules and Regulations - 2 Min. - will receive a penalty of 5 min for each incidence per stage during the course of all stages of Portugal MTB.

TRACK'S SIGNS

- The course will be marked with white arrows on a red background and white ribbons.
- The plates with a white cross on a red background indicate that they are following the wrong direction.



- Each 10 KM and the last 5 KM until the finish line are identified as follows:



TRACK'S SIGNS

- DANGER signs indicate danger zones, and the athlete should circulate with caution.



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FEED ZONES

- The FEED ZONE areas have their beginning and end marked by plates as the examples below.



- The team FEED ZONE area is restricted to previously defined areas.



- All persons, teams or accompanying persons providing a support service may only do it so within the places determined at each stage, and both the persons/teams or accompanying and their cars must be properly identified.
- It is not allowed to supply athletes outside the previously established FEED ZONE areas.
- It is not allowed to enter cars or people in the FEED ZONE AREA without being properly identified.
- The delivery and distribution of the Free Pass of the Feed zone will be done in the TEAM REUNION after the final prologue.

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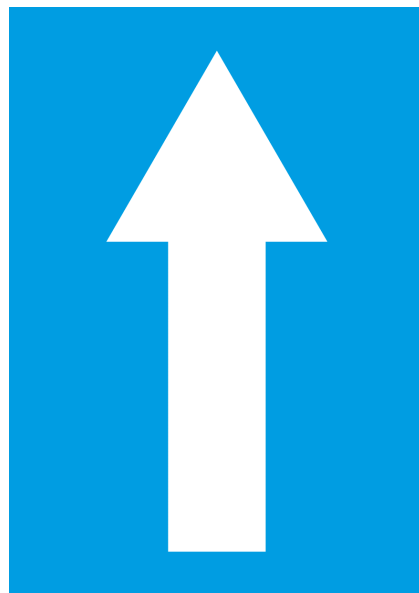
PACK BASIC ATHLETES

- The athletes with the PACK BASIC have at their disposal Bathhouses, near the places of the finish line by stage, identified as follows.

PORTUGAL MTB

BATHHOUSE BALNEÁRIOS

TO BE AWESOME

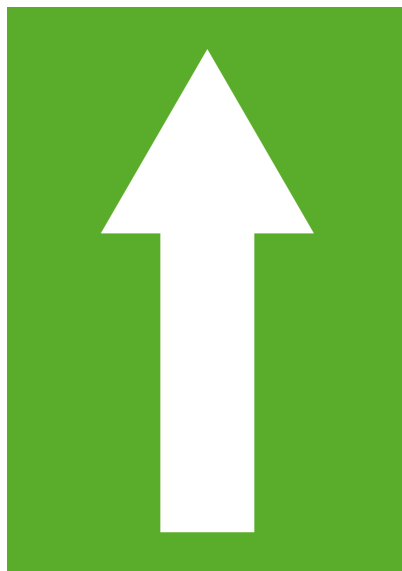


BATHHOUSE LOCATIONS

| | | |
|-----------------|-----------------------------------|------------------------------|
| PROLOGUE | PALÁCIO DO GELO- GPS: | 40°38'35.16"N 7°54'39.60"W |
| STAGE 1 | PISCINAS DE CASTRO DAIRE GPS: | 40°54'8.24"N 7°55'38.10"W |
| STAGE 2 | PISCINAS DE SÃO PEDRO DO SUL GPS: | 40°45'39.01"N 8° 3'57.51"W |
| STAGE 3 | PISCINAS DE SÃO PEDRO DO SUL GPS: | 40°45'39.01"N 8° 3'57.51"W |
| STAGE 4 | PISCINAS DE VOUZELA GPS: | 40°43'18.99"N 8° 6'36.29"W |
| STAGE 5 | PISCINAS DE SÃO PEDRO DO SUL GPS: | 40°45'39.01"N 8° 3'57.51"W |

WASHING BIKES AREA

The bike wash stations are located in this race guide previously defined for all the stages of the event. These locations will be identified as follows:



WASHING BIKES LOCATIONS

| | | |
|-----------------|----------------------------|------------------------------|
| PROLOGUE | PALÁCIO DO GELO- GPS: | 40°38'35.16"N 7°54'39.60"W |
| STAGE 1 | PALACE HOTEL ASTURIAS GPS: | 40°51'8.35"N 7°56'6.49"W |
| STAGE 2 | HOTEL MONTE RIO GPS: | 40°44'24.21"N 8°5'4.34"W |
| STAGE 3 | HOTEL MONTE RIO GPS: | 40°44'24.21"N 8°5'4.34"W |
| STAGE 4 | HOTEL MONTE RIO GPS: | 40°44'24.21"N 8°5'4.34"W |
| STAGE 5 | HOTEL MONTE RIO GPS: | 40°44'24.21"N 8°5'4.34"W |



1 MAY PROLOGUE

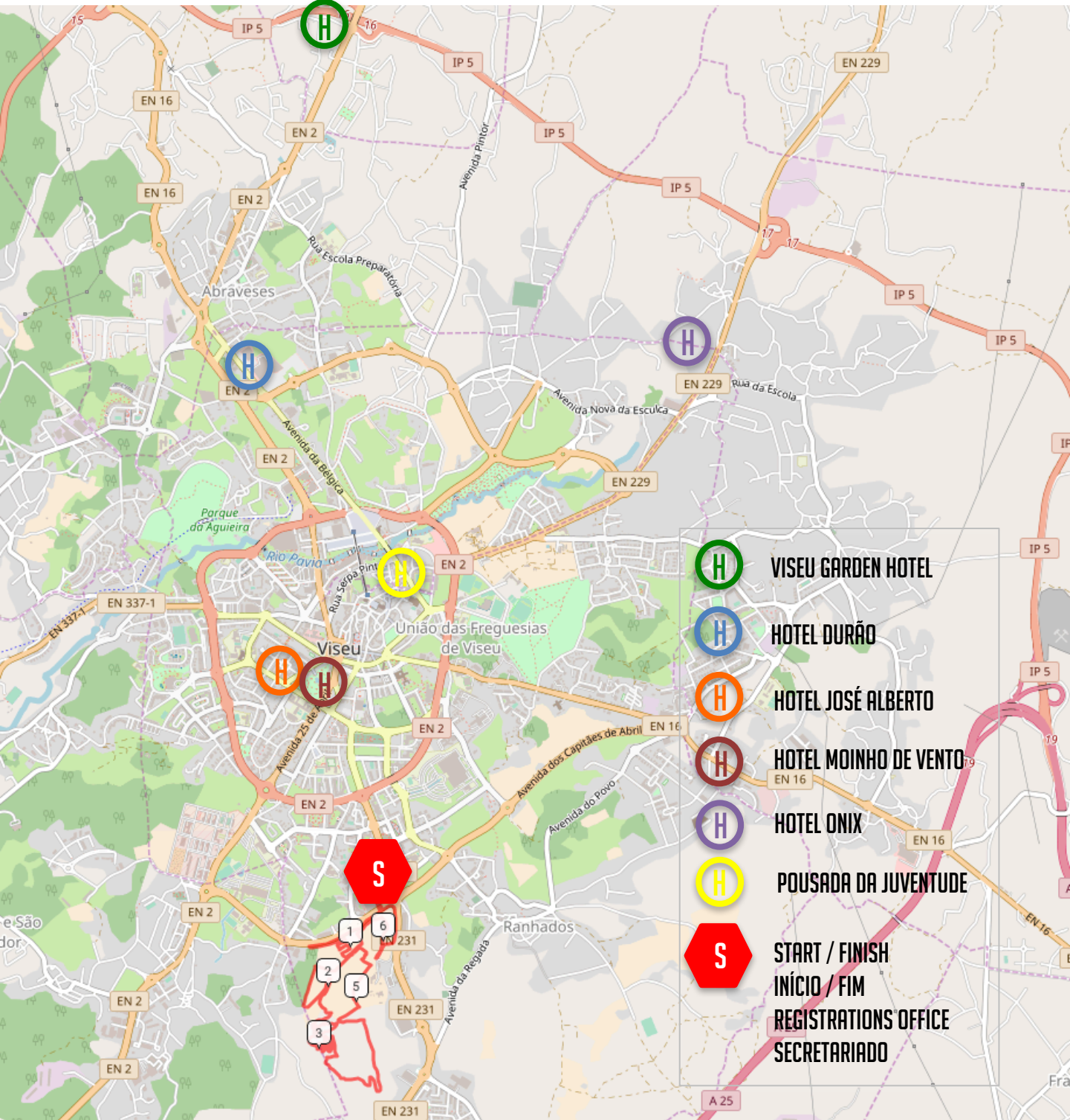
UISEU

6.6 ^{KM}
DISTANCE

139 ^M
CLIMBING

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PROLOGUE |
VISEU |
MAY 1ST 18 |

REGISTRATION'S OFFICE

MAY 1ST 2018

SCHEDULE: 10H00 to 13H00

LOCATION: PALÁCIO DO GELO

Rua do Palácio do Gelo n.º 3(Piso 1)| M. +351 926 728 471 | geral@palaciogelo.pt

GPS: 40°38'35.16"N | 7°54'39.60"W

PROGRAM

- 10H00** – Registration's Office Opening
- 13H00** – Registration's Office Foreclosure
- 13H30** – Teams Reunion (Same Place as Registration's Office)
- 15H00** – Opening of prologue track for recognition
- 16H00** – Prologue Start
- 17H00** – BIKE PARK opening
- 18H00** – Estimated time for the end of the prologue
- 18H30** – Jersey Leaders Podium
- 19H30** – Teams Reunion (Same Place as Registration's Office)
- 22H00** – BIKE PARK Foreclosure

LOCATIONS

TEAM REUNION: PALÁCIO DO GELO- GPS: 40°38'35.16"N | 7°54'39.60"W

START/FINISH: PALÁCIO DO GELO- GPS: 40°38'35.16"N | 7°54'39.60"W

BIKE PARK: PALÁCIO DO GELO- GPS: 40°38'35.16"N | 7°54'39.60"W

WASHING BIKES: PALÁCIO DO GELO- GPS: 40°38'35.16"N | 7°54'39.60"W

NEWS ROOM: PALÁCIO DO GELO- GPS: 40°38'35.16"N | 7°54'39.60"W

BATHHOUSE: PALÁCIO DO GELO- GPS: 40°38'35.16"N | 7°54'39.60"W

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REGISTRATION'S OFFICE

PALÁCIO DO GELO

The Registration's Office process and the collect of all itens of the riders, bracelets of control of meals and bike park, and Kit of the Athlete will follow the following order:

1. Collect your BIB number according to the category that are registered in the race.



2. Collect your athlete's wristband and companion's wristbands to meal control and access to Bike park.



3. Collect of identification tags for transporting bicycle boxes or bags.



4. Collect your Athlete's KIT



- The order to collecting your items from the Registration's Office must be fulfilled, as only the remaining items will be delivered to you after the process of registration and collecting your BIB number and presentation of the same for the collection of the missing items.
- The companions need only go to step 2 to pick up the respective bracelet.

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CONTROL OF MEALS AND BIKE PARK



- The control of the athletes's dinners in the hotels that they are housed will be done by a wristband which will be picked up on the May 1st on the Registration's Office.
- All accompanying persons who have requested dinners will also have to go to the Registration's Office to pick up the respective wristband.
- **The wristband will be placed immediatly in the Registration's Office and can only be removed at the end of the event.**
- The entry and exit control of both people and bikes from the bike Park will also be done by the same applicattion (wristband).

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TRANSPORTATION OF BICYCLES BAGS AND BOXES



All the athlete's who need to the bicycle boxes or suitcases to be transported will have to inform prior to the event or at the Registration's Office.

Bags or Boxes **MUST** be properly identified by the labels above provided by the organization and with the respective athlete's number.

The pick up of these identification tags is done at the Registration's Office.

COLLECTION: VISEU HOTELS (VISEU GARDEN, HOTEL DURÃO, HOTEL ONIX, HOTEL MOINHO DE VENTO E ALBERGARIA JOSÉ ALBERTO)

DELIVERY: TERMAS SÃO PEDRO DO SUL HOTELS (HOTEL MONTE RIO, INATEL PALACE)



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ATHLETE'S BAG TRANSPORTATION - PACK PREMIUM

- The organization will only carry the bags included in the Athlete Kit.



- All bags are identified by the number and letter of the athlete.
- The transportation of the bags will be done from the first Hotel in which the athletes are housed (city of Viseu) until the last. The team of Portugal MTB will collect the bags of the athletes in the Hotels, as long as they are left in the places previously established in each Hotel, by the organization, which will be identified as follows:



- Given that as of the final of Stage 2, the teams remain in the same hotels, the remaining days of testing the organization no longer carries bag transport.
- For logistical reasons, the bags will have colored straps attached to the Bags straps, which serve to distinguish the bags and the different hotels where they have to be left. Please do not remove them.

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ATHLETE'S BAG TRANSPORTATION - PACK BASIC

- The organization will only carry the bags included in the Athlete Kit.



- The bags of athletes with basic pack that need to be transported between stages must be left in the official Bike Park of the race, based on their location.

BIKE PARK LOCATIONS

UISEU : FÁBRICA VISEU GPS: 40°40'16.20"N | 7°55'24.56"W

CASTRO DAIRE : PALACE HOTEL ASTURIAS GPS: 40°51'8.35"N / 7°56'6.49"W

- The bags of the athletes with the pack basic will be transported to the finish line of the respective stage.
- The bags transportation is only made till the Stage 2.
- For logistical reasons the bags will have colored straps attached to the bags straps, which serve to distinguish the bags and the different locations where they have to be left. Please do not remove them.

HOTELS |

PROLOGUE |
VISEU |
MAY 1ST 18 |

HOTEL JOSÉ ALBERTO

R. Cândido dos Reis 42, 3510-057 Viseu

PHONE +351 232 440 440

www.hotelvis.pt

Email: geral@hotelvis.pt

GPS: 40°39'28.27"N / 7°55'7.46"W

HOTEL DURÃO

Av. Bélgica 203, 3510-159 Viseu

PHONE +351 232 410 460

www.hoteldurao.pt

Email: ruidurão@hoteldurao.com

GPS: 40°40'23.60"N / 7°55'16.68"W

HOTEL VISEU GARDEN

Vermum - Campo, 3510-469 Viseu

PHONE +351 232 430 050

www.viseugardenhotel.com

Email: geral@viseugardenhotel.com

GPS: 40°41'32.18"N / 7°54'59.25"W

HOTEL ONIX

Vermum - Campo, 3510-469 Viseu

PHONE +351 232 430 050

www.viseugardenhotel.com

Email: geral@viseugardenhotel.com

GPS: 40°41'32.18"N / 7°54'59.25"W

HOTEL MOINHO DE VENTO

Vermum - Campo, 3510-469 Viseu

PHONE +351 232 430 050

www.viseugardenhotel.com

Email: geral@viseugardenhotel.com

GPS: 40°41'32.18"N / 7°54'59.25"W

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PROLOGUE |
VISEU |
MAY 1ST 18 |

HOTELS |

POUSADA DA JUVENTUDE

Rua Dr. Aristides Sousa Mendes, Portal do Fontelo, 3500-033 Viseu
PHONE +351 232 413 001
GPS: 40°39'36.50"N | 7°54'17.14"W

PATROCINADORES OFICIAIS — OFFICIAL SPONSORS — PATROCINADORES OFICIALES



RESTAURANT SUGGESTIONS |

PROLOGUE |
VISEU |
MAY 1ST 18 |

VINTAGE

R. Miguel Bombarda, 76, 3510-088 Viseu
Phone +351 232 414 323
Type: Tradicional Hamburger
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 7,5 € - 12,5 €
GPS: 40°39'23.81"N / 7°54'55.89"W

MESA DA SÉ

R. Grão Vasco, 29, 3500-138 Viseu
Phone +351 232 425 205
Type: Portuguese Cuisine
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 15 € - 20 €
GPS: 40°39'34.54"N / 7°54'43.92"W

AZUCAR MEXICANO

R. Paz, 3500 Viseu
Phone +351 910 932 466
Type: Mexican Restaurant
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 9 € - 12 €
GPS: 40°39'24.96"N / 7°54'45.68"W

CASABLANCA

Av. Emídio Navarro, 70, 3500-124 Viseu
Phone +351 232 422 239
Type: Portuguese Cuisine and Seafood
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 15 € - — €
GPS: 40°39'43.84"N / 7°54'33.77"W

TABERNA DA MILINHA

Rua poeta antonio jose pereira, 3500-235 Viseu
Phone +351 969 700 056
Type: Portuguese Cuisine
Timetable: 12:00 - 14:30, 19:30 - 22H00
Average price per person: 15 € - 20 €
GPS: 40°39'33.11"N / 7°54'46.97"W

PALÁCIO DO GELO

R. Nunes de carvalho, 1, 3500 Viseu
Phone +351 969 700 056
Type: Shopping center
Timetable: 10H00 - 23H00
WEBSITE: www.palaciodogelo.pt
GPS: 40°38'37.48"N / 7°54'40.54 »W

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RESTAURANT SUGGESTIONS |

PROLOGUE |
VISEU |
MAY 1ST 18 |

SHENG LI

R. Travessa da Balsa, 15, 3510-051 Viseu
Phone +351 232 415 121
Type: Chinese and Japanese Restaurant
Timetable: 12:00 - 14:30, 19:00 - 22H30
Closed at Mondays
WEBSITE: www.shengli.pt/
GPS: 40°39'23.81"N / 7°54'55.89"W

MAMA ISA BY CACIMBO

Travessa das Pedras Alçadas, Lote 2, Loja B,
3500-156 Viseu
Phone +351 232 399 993
Type: Italian Restaurant
Timetable: 12:00 - 15:00, 19:00 - 23H00
WEBSITE: www.mammaisa.pt/
Closed at Mondays
GPS: 40°39'11.90"N / 7°54'49.48"W

FORUM VISEU

R. Dom José da Cruz Moreira Pinto, 32,
3510-078 Viseu
Phone +351 232 439 600
Type: Shopping Center
Timetable: 10H00 - 23H00
SITE: www.forumviseu.net/
GPS: 40°39'42.29"N / 7°54'51.89"W

A FABRICA - RESTAURANTE BAR

Av. Da Europa, 3515-145 Viseu
Phone +351 232 414 027
Type: Restaurant - BAR
Timetable: 10H00 - 01H30
Average price per person: 7 € - 15 €
GPS: 40°40'16.34"N / 7°55'24.87"W

PATROCINADORES OFICIAIS — OFFICIAL SPONSORS — PATROCINADORES OFICIALES



PROLOGUE START SCHEDULE |

PROLOGUE |
 VISEU |
 MAY 1ST 18 |

| NUMBER | NAME | NATIONALITY | CATEGORY | TEAM | HOOR |
|--------|-------------------------|-------------|------------------|-------------------------------|----------|
| 701 A | FILOMENA PAULO | Portugal | ELITE OPEN WOMEN | Rodinhas/KorpoActivo | 16:00:00 |
| 701 B | ANA MESSIAS | Portugal | ELITE OPEN WOMEN | Rodinhas/KorpoActivo | 16:00:00 |
| 702 A | CRISTINA MORALES | Spain | ELITE OPEN WOMEN | Zambrutauro Fem-Team | 16:00:30 |
| 702 B | GEMA MORENO | Spain | ELITE OPEN WOMEN | Zambrutauro Fem-Team | 16:00:30 |
| 607 A | PEDRO CARVALHO | Portugal | MIXED | TransforFatima Btt / Evocycle | 16:02:00 |
| 607 B | NADIA MENDES | Portugal | MIXED | TransforFatima Btt / Evocycle | 16:02:00 |
| 606 A | IAGO CARRERA | Spain | MIXED | Bici Verde-Anca | 16:02:30 |
| 606 B | SILVIA IGLESIAS | Spain | MIXED | Bici Verde-Anca | 16:02:30 |
| 605 A | FRANCK JACQUET | France | MIXED | Les grolles du Saleve | 16:03:00 |
| 605 B | DELPHINE JACQUET | France | MIXED | Les grolles du Saleve | 16:03:00 |
| 604 A | LUIS SOUSA | Portugal | MIXED | Clube Btt Lisboa | 16:03:30 |
| 604 B | RITA ESTEVES | Portugal | MIXED | Clube Btt Lisboa | 16:03:30 |
| 603 A | MARC BÖTTGER | Germany | MIXED | r2-bike.com MTN CREW | 16:04:00 |
| 603 B | ANDREA BÖTTGER | Germany | MIXED | r2-bike.com MTN CREW | 16:04:00 |
| 602 A | VIANNEY BOUVIER | France | MIXED | Silver Team | 16:04:30 |
| 602 B | SANDRINE BOUVIER | France | MIXED | Silver Team | 16:04:30 |
| 601 A | BASTIN VAN ALTEN | Netherlands | MIXED | Team Bioteaful | 16:05:00 |
| 601 B | SANNE VAN PAASSEN | Netherlands | MIXED | Team Bioteaful | 16:05:00 |
| 307 A | MANUEL ORDEN | Spain | MASTER 50 | Bombike | 16:07:00 |
| 307 B | EMILIO FARO | Spain | MASTER 50 | Bombike | 16:07:00 |
| 306 A | ÉRIK SATTER | Netherlands | MASTER 50 | Team MaasWaal 2 | 16:07:30 |
| 306 B | OS G. VAN | Netherlands | MASTER 50 | Team MaasWaal 2 | 16:07:30 |
| 305 A | JOSE ENRIQUE | Spain | MASTER 50 | Altitud | 16:08:00 |
| 305 B | JESUS ROSA | Spain | MASTER 50 | Altitud | 16:08:00 |
| 304 A | KEIJNEMANS DIRK | Netherlands | MASTER 50 | Maas-Waal | 16:08:30 |
| 304 B | EDMUNDAS PESECKIS | Lithuania | MASTER 50 | Maas-Waal | 16:08:30 |
| 303 A | CHRISTIAAN VAN SPLUNTER | Netherlands | MASTER 50 | Silvis & Vos | 16:09:00 |
| 303 B | JOHAN VAN SPLUNTER | Netherlands | MASTER 50 | Silvis & Vos | 16:09:00 |
| 302 A | SERGIO SA | Brazil | MASTER 50 | Mtb TPC 1 | 16:09:30 |
| 302 B | VALMIR MACAMBIRA | Brazil | MASTER 50 | Mtb TPC 1 | 16:09:30 |
| 301 A | JAN OOMEN | Netherlands | MASTER 50 | MTB TEAM 'T ZAND | 16:10:00 |
| 301 B | FRANK KNEVELS | Netherlands | MASTER 50 | MTB TEAM 'T ZAND | 16:10:00 |

PATROCINADORES OFICIAIS

OFFICIAL SPONSORS

PATROCINADORES OFICIALES



PROLOGUE START SCHEDULE |

PROLOGUE |
 VISEU |
 MAY 1ST 18 |

| NUMBER | NAME | NATIONALITY | CATEGORY | TEAM | HOURL |
|--------|---------------------|-------------|-----------|--|----------|
| 223 A | FELIX MARIN | Spain | MASTER 40 | Casa Myzé Team 2 | 16:13:00 |
| 223 B | JORGE PADRONES | Spain | MASTER 40 | Casa Myzé Team 2 | 16:13:00 |
| 222 A | RAMON BREA | Spain | MASTER 40 | Ponte1Reto2 | 16:13:30 |
| 222 B | XOSÉ HERVÉS | Spain | MASTER 40 | Ponte1Reto2 | 16:13:30 |
| 221 A | FRANCISCO CARBIA | Spain | MASTER 40 | Ponte1Reto | 16:14:00 |
| 221 B | ANGEL NOVEGIL | Spain | MASTER 40 | Ponte1Reto | 16:14:00 |
| 220 A | DANIEL HOEDEMAEKERS | Netherlands | MASTER 40 | Met David MTB Racing Team | 16:14:30 |
| 220 B | SANDOR MOL | Netherlands | MASTER 40 | Met David MTB Racing Team | 16:14:30 |
| 219 A | PEDRO MADEIRA | Portugal | MASTER 40 | BTTBelaoures | 16:15:00 |
| 219 B | NUNO ORELHAS | Portugal | MASTER 40 | BTTBelaoures | 16:15:00 |
| 218 A | DIEGO RODRÍGUEZ | Spain | MASTER 40 | Skoda -Condesas Domingo Alonso La Palma | 16:15:30 |
| 218 B | ISIDRO PÉREZ | Spain | MASTER 40 | Skoda -Condesas Domingo Alonso La Palma | 16:15:30 |
| 217 A | PIERRE GOUDENECHÉ | France | MASTER 40 | les folgariens | 16:16:00 |
| 217 B | BASTIEN FARBOS | France | MASTER 40 | les folgariens | 16:16:00 |
| 216 A | VITOR FERREIRA | Portugal | MASTER 40 | Lisboa/Sintra - Aventura | 16:16:30 |
| 216 B | LUÍS LAMPREIA | Portugal | MASTER 40 | Lisboa/Sintra - Aventura | 16:16:30 |
| 215 A | SERGIO SUÁREZ | Spain | MASTER 40 | 8Bike & Yellow Team | 16:17:00 |
| 215 B | MANUEL RODRIGUEZ | Spain | MASTER 40 | 8Bike & Yellow Team | 16:17:00 |
| 213 A | HOLGER LAHR | Germany | MASTER 40 | sebamed Bike Team 40er | 16:17:30 |
| 213 B | PETER SCHOLZ | Austria | MASTER 40 | sebamed Bike Team 40er | 16:17:30 |
| 212 A | ESMERALDO LOPES | Portugal | MASTER 40 | SAERTEX PORTUGAL-EDAETECH | 16:18:00 |
| 212 B | MARCELINO COSTA | Portugal | MASTER 40 | SAERTEX PORTUGAL-EDAETECH | 16:18:00 |
| 211 A | JORGE SOTELO | Spain | MASTER 40 | Singletrack Verde | 16:18:30 |
| 211 B | JACOBO LOUZAO | Spain | MASTER 40 | Singletrack Verde | 16:18:30 |
| 210 A | ØYVIND NESDAL | Norway | MASTER 40 | Cannondale Vikings | 16:19:00 |
| 210 B | KRISTIAN ØKSDAHL | Norway | MASTER 40 | Cannondale Vikings | 16:19:00 |
| 209 A | EDUARDO BISPO | Brazil | MASTER 40 | MTB TPC 3 | 16:19:30 |
| 209 B | RENATO FARGNOLLI | Brazil | MASTER 40 | MTB TPC 3 | 16:19:30 |
| 208 A | MARCIO LIMA | Brazil | MASTER 40 | MTB TPC 2 | 16:20:00 |
| 208 B | RENATO BRUNO | Brazil | MASTER 40 | MTB TPC 2 | 16:20:00 |
| 207 A | JOACHIM LINDSTRÖM | Sweden | MASTER 40 | Team Killscare Sweden | 16:20:30 |
| 207 B | FREDRIK ELFVING | Sweden | MASTER 40 | Team Killscare Sweden | 16:20:30 |
| 206 A | JOHN KARLSSON | Sweden | MASTER 40 | CK STABIL Sweden | 16:21:00 |
| 206 B | LARS LÖFGREN | Sweden | MASTER 40 | CK STABIL Sweden | 16:21:00 |
| 205 A | CARLOS ALCALDE | Spain | MASTER 40 | Herbes Túnel Premium 3 | 16:21:30 |
| 205 B | SEBASTIÁN ARTIGUES | Spain | MASTER 40 | Herbes Túnel Premium 3 | 16:21:30 |
| 204 A | GINÉS ALCAYDE | Spain | MASTER 40 | Herbes Tunel Premiun 1 | 16:22:00 |
| 204 B | TONI GARAU | Spain | MASTER 40 | Herbes Tunel Premiun 1 | 16:22:00 |
| 203 A | JOSE HERRERO | Spain | MASTER 40 | #HACTeam by Complex | 16:22:30 |
| 203 B | VICTOR CRESPO | Spain | MASTER 40 | #HACTeam by Complex | 16:22:30 |
| 202 A | IGNACE SPRUYT | Belgium | MASTER 40 | Fahrrad Schmidt | 16:23:00 |
| 202 B | STEPHAN KÜHNEL | Germany | MASTER 40 | Fahrrad Schmidt | 16:23:00 |
| 201 A | JOSÉ ROSA | Portugal | MASTER 40 | Vasconha BTT Vouzela Ser e Parecer Sports Club Viseu | 16:23:30 |
| 201 B | FERNANDO GOUVEIA | Portugal | MASTER 40 | Vasconha BTT Vouzela Ser e Parecer Sports Club Viseu | 16:23:30 |

PATROCINADORES OFICIAIS

OFFICIAL SPONSORS

PATROCINADORES OFICIALES



PROLOGUE START SCHEDULE |

PROLOGUE |
 VISEU |
 MAY 1ST 18 |

| NUMBER | NAME | NATIONALITY | CATEGORY | TEAM | HOOR |
|--------|----------------------|-------------|-----------|--|----------|
| 133 A | CÉSAR BERNARDO | Portugal | MASTER 30 | Rubis Gás Trancoso | 16:29:00 |
| 133 B | JORGE CASTELA | Portugal | MASTER 30 | Rubis Gás Trancoso | 16:29:00 |
| 132 A | CARLOS SANTOS | Portugal | MASTER 30 | CMSclosets/PalcodaAventura | 16:29:30 |
| 132 B | RICARDO PEDRO | Portugal | MASTER 30 | CMSclosets/PalcodaAventura | 16:29:30 |
| 131 A | MARCO SANTOS | Portugal | MASTER 30 | Crank Mafia / Kompedal / Clube OGMA | 16:30:00 |
| 131 B | RICARDO SILVA | Portugal | MASTER 30 | Crank Mafia / Kompedal / Clube OGMA | 16:30:00 |
| 130 A | MICHEL MACHADO | Portugal | MASTER 30 | Vasconha BTT Vouzela | 16:30:30 |
| 130 B | TIAGO CLAMOTE | Portugal | MASTER 30 | Vasconha BTT Vouzela | 16:30:30 |
| 129 A | JORGE PIMENTEL | Portugal | MASTER 30 | Pensão David Adventure Team | 16:31:00 |
| 129 B | DAVID COSTA | Portugal | MASTER 30 | Pensão David Adventure Team | 16:31:00 |
| 128 A | CARLOS BAPTISTA | Portugal | MASTER 30 | BTT SEIA / CPR A-do-Barbas | 16:31:30 |
| 128 B | ANDRÉ FILIPE | Portugal | MASTER 30 | BTT SEIA / CPR A-do-Barbas | 16:31:30 |
| 127 A | RICARDO MARTINS | Portugal | MASTER 30 | Ser e Parecer Pro Bike Team 2 | 16:32:00 |
| 127 B | NUNO SILVA | Portugal | MASTER 30 | Ser e Parecer Pro Bike Team 2 | 16:32:00 |
| 126 A | MARCELO SILVA | Portugal | MASTER 30 | TOC TEAM PU | 16:32:30 |
| 126 B | JOSE PINTO | Portugal | MASTER 30 | TOC TEAM PU | 16:32:30 |
| 125 A | PAULO GONCALVES | Portugal | MASTER 30 | Team Wein / RC 1900 Bierstadt | 16:33:00 |
| 125 B | DENNIS BREITHAUPT | Germany | MASTER 30 | Team Wein / RC 1900 Bierstadt | 16:33:00 |
| 124 A | MARCIO LOURENÇO | Portugal | MASTER 30 | Suiça Verbier Lausanne | 16:33:30 |
| 124 B | SÉRGIO PICOTO | Portugal | MASTER 30 | Suiça Verbier Lausanne | 16:33:30 |
| 123 A | CLAUDIO MACHADO | Portugal | MASTER 30 | Kolinas MTB Team | 16:34:00 |
| 123 B | VASCO SILVA | Portugal | MASTER 30 | Kolinas MTB Team | 16:34:00 |
| 122 A | FILIPE TOMÁS | Portugal | MASTER 30 | ASC FOCUS TEAM - Vila do Conde | 16:34:30 |
| 122 B | AMÍLCAR FERREIRA | Portugal | MASTER 30 | ASC FOCUS TEAM - Vila do Conde | 16:34:30 |
| 121 A | RENATO FLÓRIDO | Portugal | MASTER 30 | LISBON BIKE SHOP | 16:35:00 |
| 121 B | TIAGO SILVA | Portugal | MASTER 30 | LISBON BIKE SHOP | 16:35:00 |
| 120 A | ENEKO IZAGUIRRE | Spain | MASTER 30 | txirrinta-anper | 16:35:30 |
| 120 B | NICOLAS JIMENEZ | Spain | MASTER 30 | txirrinta-anper | 16:35:30 |
| 119 A | RICARDO GONÇALVES | Portugal | MASTER 30 | GlobalSport | 16:36:00 |
| 119 B | PEDRO GARCIA | Portugal | MASTER 30 | GlobalSport | 16:36:00 |
| 118 A | LEANDRO GABRIEL | Brazil | MASTER 30 | Corratec Bikes Brasil / Revista Ride Bike | 16:36:30 |
| 118 B | RAFAEL OLIVEIRA | Brazil | MASTER 30 | Corratec Bikes Brasil / Revista Ride Bike | 16:36:30 |
| 117 A | DIOGO BRITO | Portugal | MASTER 30 | SnakeBite | 16:37:00 |
| 117 B | TIAGO SILVA | Portugal | MASTER 30 | SnakeBite | 16:37:00 |
| 116 A | JOÃO SANTOS | Portugal | MASTER 30 | ASC Focus Team Vila do Conde | 16:37:30 |
| 116 B | FILIPE RAMOS | Portugal | MASTER 30 | ASC Focus Team Vila do Conde | 16:37:30 |
| 115 A | COSMES CERDÓ | Spain | MASTER 30 | Herbes Tunel Premium 4 | 16:38:00 |
| 115 B | JOSE ROJO | Spain | MASTER 30 | Herbes Tunel Premium 4 | 16:38:00 |
| 114 A | FRANCISCO GARRIDO | Spain | MASTER 30 | FISIO TEAM B | 16:38:30 |
| 114 B | ANTONIO SUAREZ | Spain | MASTER 30 | FISIO TEAM B | 16:38:30 |
| 113 A | PEDRO ALVAREZ | Spain | MASTER 30 | FISIO TEAM | 16:39:00 |
| 113 B | JOSE MARIN | Spain | MASTER 30 | FISIO TEAM | 16:39:00 |
| 112 A | RENATO MAGALHAES | Brazil | MASTER 30 | Bici Sport - Mossoro/BR1 | 16:39:30 |
| 112 B | GLAYDSTONE ROCHA | Brazil | MASTER 30 | Bici Sport - Mossoro/BR1 | 16:39:30 |
| 111 A | GUSTAVO ALFOZO VIRLA | Spain | MASTER 30 | SKODA CONDESAS -BAYANA | 16:40:00 |
| 111 B | LEANDRO FRANCISCO | Spain | MASTER 30 | SKODA CONDESAS -BAYANA | 16:40:00 |
| 110 A | CARLOS BLANCO | Spain | MASTER 30 | CLUB TRIATLON VILAGARCIA | 16:40:30 |
| 110 B | JAVIER FERNANDEZ | Spain | MASTER 30 | CLUB TRIATLON VILAGARCIA | 16:40:30 |
| 108 A | JAUME ANTICH | Spain | MASTER 30 | Herbes túnel premium 2 | 16:41:00 |
| 108 B | JOAN VIDAL | Spain | MASTER 30 | Herbes túnel premium 2 | 16:41:00 |
| 107 A | DE ALMEIDA | France | MASTER 30 | UC MAIA | 16:41:30 |
| 107 B | ECHVERRIA | France | MASTER 30 | UC MAIA | 16:41:30 |
| 106 A | RUI FRAGOSO | Portugal | MASTER 30 | Mafra BTT / BIEMME | 16:42:00 |
| 106 B | DIOGO AMARO | Portugal | MASTER 30 | Mafra BTT / BIEMME | 16:42:00 |
| 105 A | RAFAEL NUNES | Portugal | MASTER 30 | Clube BTT Quartzz / Centro de Pneus Recta do Campo | 16:42:30 |
| 105 B | NUNO COSTA | Portugal | MASTER 30 | Clube BTT Quartzz / Centro de Pneus Recta do Campo | 16:42:30 |
| 104 A | ÉRIC MIGLIORINI | France | MASTER 30 | Flem | 16:43:00 |
| 104 B | FLORENT LATANÉ | France | MASTER 30 | Flem | 16:43:00 |
| 103 A | JOÃO HORTA | Portugal | MASTER 30 | TeamÓpotencia | 16:43:30 |
| 103 B | ANDRÉ MARTINS | Portugal | MASTER 30 | TeamÓpotencia | 16:43:30 |
| 102 A | MARC HULZEBOS | Netherlands | MASTER 30 | Hulzebos and Bood | 16:44:00 |
| 102 B | ROBERT JAN BOOD | Netherlands | MASTER 30 | Hulzebos and Bood | 16:44:00 |
| 101 A | VALÉRIO FERREIRA | Portugal | MASTER 30 | BTT LOULÉ / ELEVIS - SAERTEX PORTUGAL EDAETECH | 16:44:30 |
| 101 B | CARLOS ROCHA | Portugal | MASTER 30 | BTT LOULÉ / ELEVIS - SAERTEX PORTUGAL EDAETECH | 16:44:30 |

PATROCINADORES OFICIAIS

OFFICIAL SPONSORS

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PROLOGUE START SCHEDULE |

PROLOGUE |
VISEU |
MAY 1ST 18 |

| NUMBER | NAME | NATIONALITY | CATEGORY | TEAM | HOUR |
|--------|--------------------|----------------|-----------------|---|----------|
| 514 A | ANTONIO MARQUES | Portugal | ELITE OPEN MEN | Transfor-Fatima BTT | 16:48:00 |
| 514 B | NUNO INACIO | Portugal | ELITE OPEN MEN | Transfor-Fatima BTT | 16:48:00 |
| 513 A | DAVID BARANDIARÁN | Spain | ELITE OPEN MEN | Jg bikes-c2c | 16:48:30 |
| 513 B | JAVIER SUAREZ | Spain | ELITE OPEN MEN | Jg bikes-c2c | 16:48:30 |
| 512 A | LUÍS PEREIRA | Portugal | ELITE OPEN MEN | Corre Limpo | 16:49:00 |
| 512 B | FÁBIO SANTOS | Portugal | ELITE OPEN MEN | Corre Limpo | 16:49:00 |
| 511 A | PEKKA NIEMI | Finland | ELITE OPEN MEN | Team Etappireidet 1 | 16:49:30 |
| 511 B | JUHA VÄHÄMETSÄ | Finland | ELITE OPEN MEN | Team Etappireidet 1 | 16:49:30 |
| 510 A | DAVID RAQUEL | Portugal | ELITE OPEN MEN | TeamATXcyclingstore Pedal Urbano | 16:50:00 |
| 510 B | GUSTAVO ASTOLPHI | Brazil | ELITE OPEN MEN | TeamATXcyclingstore Pedal Urbano | 16:50:00 |
| 509 A | THELLES SOARES | Brazil | ELITE OPEN MEN | Bici Sport 2-Mossoró/BR2 | 16:50:30 |
| 509 B | FABRICIO FREITAS | Brazil | ELITE OPEN MEN | Bici Sport 2-Mossoró/BR2 | 16:50:30 |
| 508 A | NUNO GOMES | Portugal | ELITE OPEN MEN | BaToTas/Ponte de Lima 2 | 16:51:00 |
| 508 B | RICARDO SANTOS | Portugal | ELITE OPEN MEN | BaToTas/Ponte de Lima 2 | 16:51:00 |
| 507 A | ANDRÉ ROCHA | Portugal | ELITE OPEN MEN | Ser e parecer pro bike team/ viveiros Vitor Lourenço | 16:51:30 |
| 507 B | CARLOS GOMES | Portugal | ELITE OPEN MEN | Ser e parecer pro bike team/ viveiros Vitor Lourenço | 16:51:30 |
| 506 A | XAVIER RIART | Spain | ELITE OPEN MEN | TEAM TURNÉ | 16:52:00 |
| 506 B | ALBERT MAS | Andorra | ELITE OPEN MEN | TEAM TURNÉ | 16:52:00 |
| 505 A | JOSE FERNANDEZ | Spain | ELITE OPEN MEN | C2C DEBRA | 16:52:30 |
| 505 B | ALEJANDRO PEMAN | Spain | ELITE OPEN MEN | C2C DEBRA | 16:52:30 |
| 504 A | RAFAEL LUTAS | Portugal | ELITE OPEN MEN | Furoes do Alentejo | 16:53:00 |
| 504 B | MANUEL RODRIGUES | Portugal | ELITE OPEN MEN | Furoes do Alentejo | 16:53:00 |
| 502 A | GUUS DE GRAAUW | Netherlands | ELITE OPEN MEN | MTB team 'T Zand Elite | 16:53:30 |
| 502 B | TOINE GOVERS | Netherlands | ELITE OPEN MEN | MTB team 'T Zand Elite | 16:53:30 |
| 501 A | ROBERTO GARRIDO | Spain | ELITE OPEN MEN | Kronos Bike | 16:54:00 |
| 501 B | DANIEL GARRIDO | Spain | ELITE OPEN MEN | Kronos Bike | 16:54:00 |
| 406 A | ILDA PEREIRA | Portugal | UCI ELITE WOMEN | Casa Myzé Team | 16:59:00 |
| 406 B | PILAR NUÑEZ | Spain | UCI ELITE WOMEN | Casa Myzé Team | 16:59:00 |
| 404 A | ANA ANTUNES | Portugal | UCI ELITE WOMEN | BTT Seia / Joni's Bike Shop - Ser e Parecer Pro Bike Team | 17:00:00 |
| 404 B | ANA TOMÁS | Portugal | UCI ELITE WOMEN | BTT Seia / Joni's Bike Shop - Ser e Parecer Pro Bike Team | 17:00:00 |
| 403 A | HILDEGUNN HOVDENAK | Norway | UCI ELITE WOMEN | Team Schwalbe Giro | 17:01:00 |
| 403 B | NAIMA DIESNER | Germany | UCI ELITE WOMEN | Team Schwalbe Giro | 17:01:00 |
| 402 A | CELINA CARPINTEIRO | Portugal | UCI ELITE WOMEN | BTT Loulé/Elevis | 17:02:00 |
| 402 B | CHARLOTTE DAVIES | United Kingdom | UCI ELITE WOMEN | BTT Loulé/Elevis | 17:02:00 |
| 401 A | MAARIS MEIER | Estonia | UCI ELITE WOMEN | MTBcamps.eu | 17:03:00 |
| 401 B | GREETE STEINBURG | Estonia | UCI ELITE WOMEN | MTBcamps.eu | 17:03:00 |

PATROCINADORES OFICIAIS

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PATROCINADORES OFICIALES



PROLOGUE START SCHEDULE |

PROLOGUE |
UISEU |
MAY 1ST 18 |

| NUMBER | NAME | NATIONALITY | CATEGORY | TEAM | HOUR |
|--------|---------------------|-------------|---------------|--|----------|
| 19 A | JOÃO PINHEIRO | Portugal | UCI ELITE MEN | LEIRIBIKE | 17:08:00 |
| 19 B | PEDRO BASTOS | Portugal | UCI ELITE MEN | LEIRIBIKE | 17:08:00 |
| 18 A | RUBEN MARQUES | Portugal | UCI ELITE MEN | Viseu 2001/ BTT 100 Rumo/ Vasconha BTT Vouzela | 17:09:00 |
| 18 B | MARCELO RIBAFEITA | Portugal | UCI ELITE MEN | Viseu 2001/ BTT 100 Rumo/ Vasconha BTT Vouzela | 17:09:00 |
| 17 A | RÉMI GROSLAMBERT | France | UCI ELITE MEN | Team VC Ornans Lapierre | 17:10:00 |
| 17 B | PIERRICK KERSUZAN | France | UCI ELITE MEN | Team VC Ornans Lapierre | 17:10:00 |
| 16 A | PEDRO CARNEIRO | Portugal | UCI ELITE MEN | Lamigroup / Casa Benfica Castro Daire | 17:11:00 |
| 16 B | RÚBEN VELOSO | Portugal | UCI ELITE MEN | Lamigroup / Casa Benfica Castro Daire | 17:11:00 |
| 15 A | PABLO SATORRE | Spain | UCI ELITE MEN | OnBIKE-VLift PRO-LEVEL | 17:12:00 |
| 15 B | VÍCTOR PARDO | Spain | UCI ELITE MEN | OnBIKE-VLift PRO-LEVEL | 17:12:00 |
| 14 A | RUI CASQUINHA | Portugal | UCI ELITE MEN | BTTSEIA - FIRSTBIKE FOCUS TEAM | 17:13:00 |
| 14 B | DAVIDE MACHADO | Portugal | UCI ELITE MEN | BTTSEIA - FIRSTBIKE FOCUS TEAM | 17:13:00 |
| 13 A | FÁBIO TOMÁS | Portugal | UCI ELITE MEN | BTT SEIA | 17:14:00 |
| 13 B | ROBERTO FERREIRA | Portugal | UCI ELITE MEN | BTT SEIA | 17:14:00 |
| 12 A | MIGUEL DUARTE | Portugal | UCI ELITE MEN | Viseu 2001/BTT 100 Rumo | 17:15:00 |
| 12 B | SIMÃO SANTOS | Portugal | UCI ELITE MEN | Viseu 2001/BTT 100 Rumo | 17:15:00 |
| 11 A | LUÍS MARQUES | Portugal | UCI ELITE MEN | BaToTas-Ponte de Lima 1 | 17:16:00 |
| 11 B | JACINTO FIÚZA | Portugal | UCI ELITE MEN | BaToTas-Ponte de Lima 1 | 17:16:00 |
| 10 A | RODRIGO GOMES | Portugal | UCI ELITE MEN | Clínica Hernâni Brôco / UCA | 17:17:00 |
| 10 B | HERNANI BROCO | Portugal | UCI ELITE MEN | Clínica Hernâni Brôco / UCA | 17:17:00 |
| 9 A | MICHELE CASAGRANDE | Italy | UCI ELITE MEN | Trek-Selle San Marco Tonello | 17:18:00 |
| 9 B | FABIAN RABENSTEINER | Italy | UCI ELITE MEN | Trek-Selle San Marco Tonello | 17:18:00 |
| 8 A | DAMIANO FERRARO | Italy | UCI ELITE MEN | Trek-Selle San Marco | 17:19:00 |
| 8 B | ANDREA RIGHETTINI | Italy | UCI ELITE MEN | Trek-Selle San Marco | 17:19:00 |
| 7 A | RICARDO MARINHEIRO | Portugal | UCI ELITE MEN | Quinta das Arcas/Trofense | 17:20:00 |
| 7 B | GONÇALO AMADO | Portugal | UCI ELITE MEN | Quinta das Arcas/Trofense | 17:20:00 |
| 6 A | YUTA MATSUMOTO | Japan | UCI ELITE MEN | YUMIYA | 17:21:00 |
| 6 B | KUROSE FUMIYA | Japan | UCI ELITE MEN | YUMIYA | 17:21:00 |
| 5 A | STEFFEN THUM | Germany | UCI ELITE MEN | ROSEBIKES Racingteam | 17:22:00 |
| 5 B | DANIEL GATHOF | Germany | UCI ELITE MEN | ROSEBIKES Racingteam | 17:22:00 |
| 4 A | JUUL VAN LOON | Netherlands | UCI ELITE MEN | ThijsHendriks-Bikesight | 17:23:00 |
| 4 B | BART CLASSENS | Netherlands | UCI ELITE MEN | ThijsHendriks-Bikesight | 17:23:00 |
| 3 A | DIEGO ARIAS | Colombia | UCI ELITE MEN | GIANT-LIV POLIMEDICAL OFFICIAL TEAM | 17:24:00 |
| 3 B | HECTOR PAEZ | Colombia | UCI ELITE MEN | GIANT-LIV POLIMEDICAL OFFICIAL TEAM | 17:24:00 |
| 2 A | JORIS MASSAER | Belgium | UCI ELITE MEN | DMT Racing Team By Marconi 2 | 17:25:00 |
| 2 B | JOSÉ DIAS | Portugal | UCI ELITE MEN | DMT Racing Team By Marconi 2 | 17:25:00 |
| 1 A | HANS BECKING | Netherlands | UCI ELITE MEN | DMT Racing Team by Marconi | 17:26:00 |
| 1 B | TIAGO FERREIRA | Portugal | UCI ELITE MEN | DMT Racing Team by Marconi | 17:26:00 |

PATROCINADORES OFICIAIS

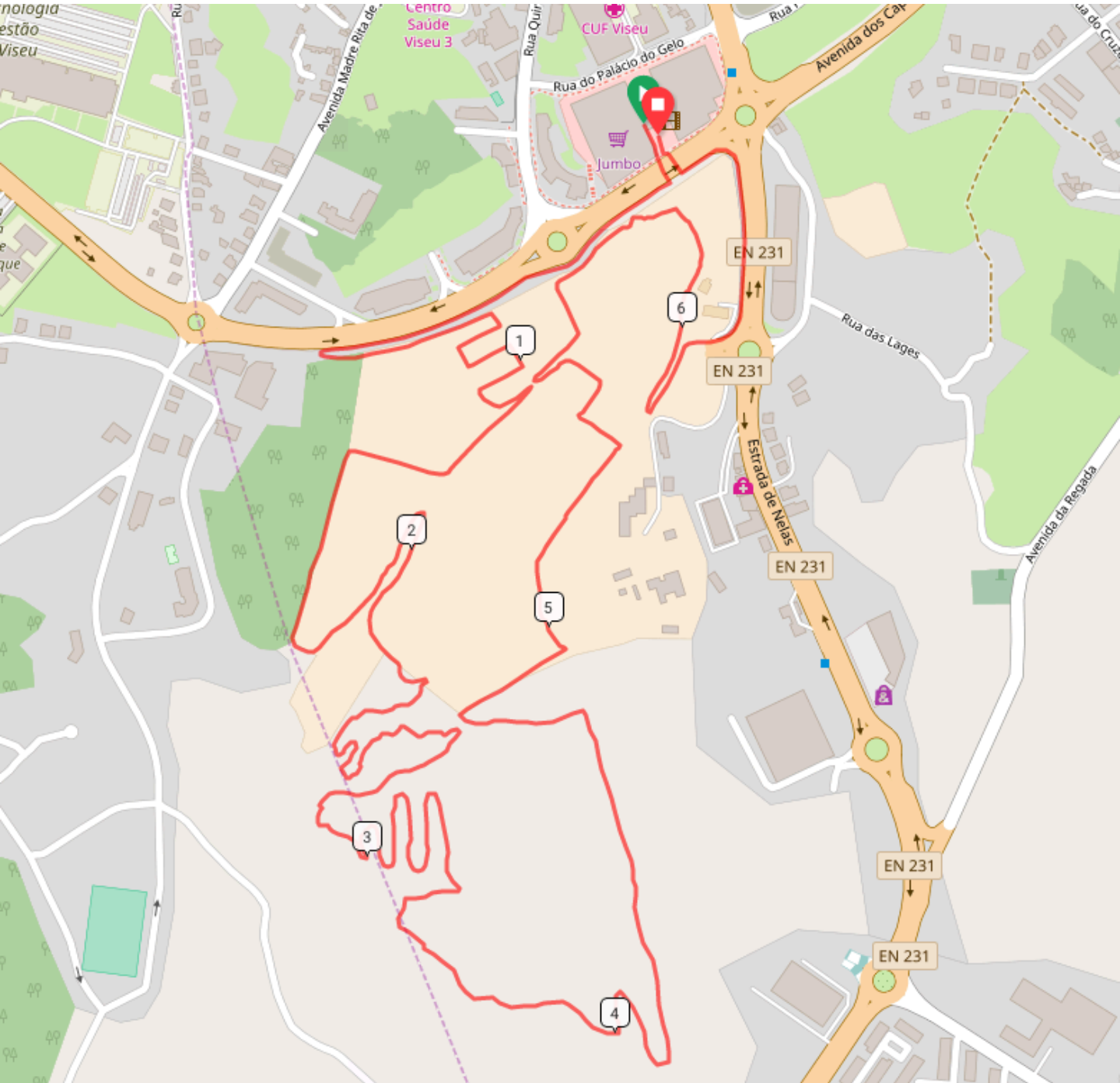
OFFICIAL SPONSORS

PATROCINADORES OFICIALES



TRACK

PROLOGUE |
VISEU |
MAY 1ST 18 |



PATROCINADORES OFICIAIS — OFFICIAL SPONSORS — PATROCINADORES OFICIALES



INFORMATIONS

PROLOGUE |
VISEU |
MAY 1ST 18 |

The teams are responsible for they start schedule and to be nearby to the start area 5 minutes before the estimated time to start. If the team do not start on time, the team will have to wait for the order of Commissioner's team to start.
The stage time will start counting from departure time already set.

The teams will start one by one. The Open Categories will be separated by 30 seconds and the UCI categories will be separated by 1 minute, between teams,

BIKE PARK

The organization will receive the bicycles delivered on the Official Bike Park. Bicycles that are "stored" in the hotels will not be controlled by the organization.

START/ FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.
The displacement from the finish line to the Hotel is the responsibility of the athlete/team.

CLIMBING

6.6 KM DISTANCE | 139 M CLIMBING

1 MAY > PROLOGUE VISEU

PATROCINADORES OFICIAIS

OFFICIAL SPONSORS

PATROCINADORES OFICIAIS





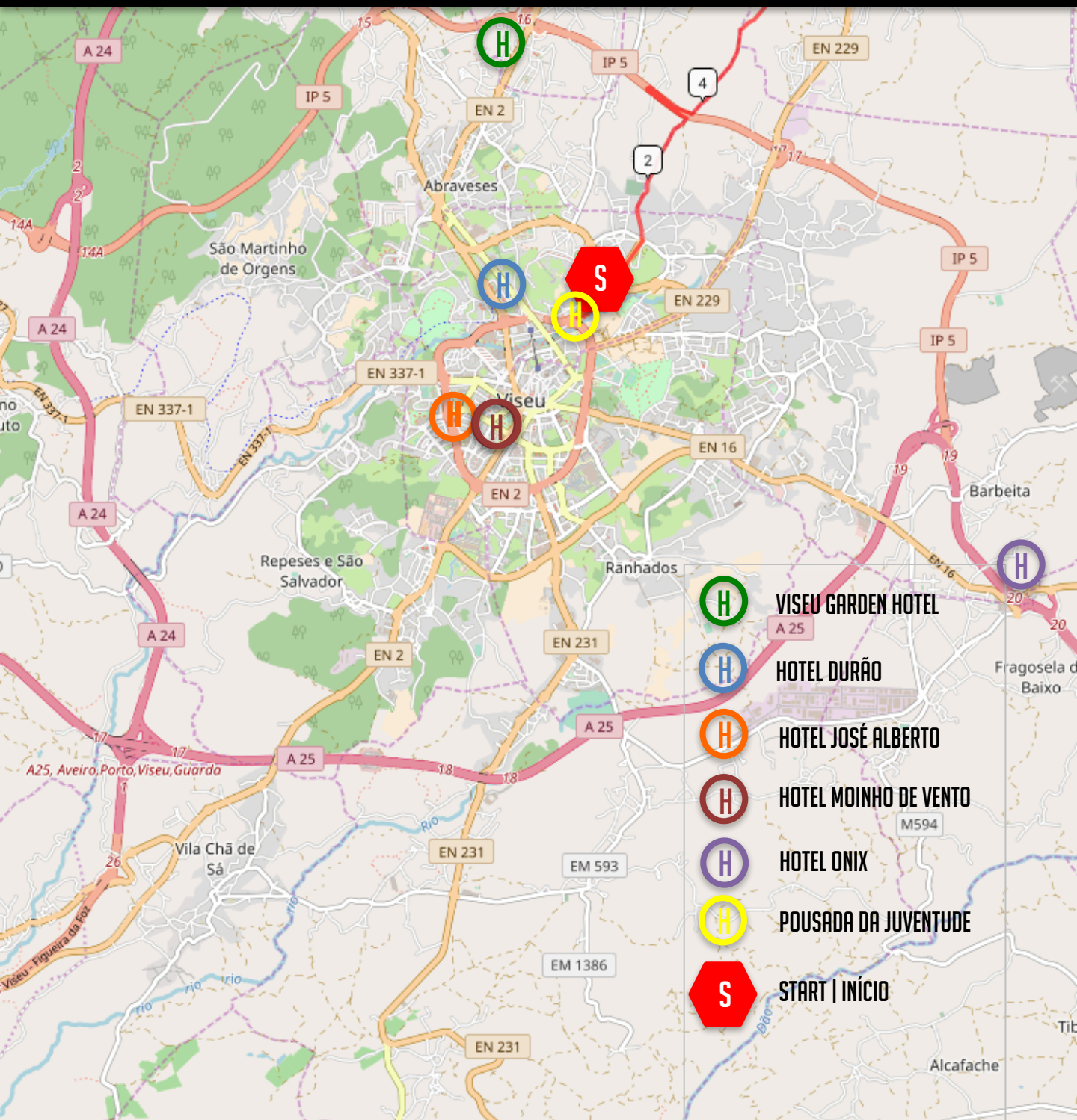
2 MAY
1st STAGE

UIEU
> CASTRO DAIRE

79 KM
DISTANCE

1850 M
CLIMBING

STAGE 1 - START



-  **VISEU GARDEN HOTEL**
-  **HOTEL DURÃO**
-  **HOTEL JOSÉ ALBERTO**
-  **HOTEL MOINHO DE VENTO**
-  **HOTEL ONIX**
-  **POUSADA DA JUVENTUDE**
-  **START | INICIO**

PATROCINADORES OFICIAIS

OFFICIAL SPONSORS

PATROCINADORES OFICIAIS

STAGE 1 |
UISEU – CASTRO DAIRE |
MAY 2ND 18 |

BOXES

- BOX 1 – JERSEY LIDERS**
- BOX 2 – ELITES UCI MEN**
- BOX 3 – ELITES UCI WOMEN**
- BOX 4 – ELITE OPEN / MASTER 30**
- BOX 5 – MASTER 40 / 50 / MIXED TEAMS**

PROGRAM

- 7H00** – BIKE PARK Opening
- 8H30** – Boxes Opening
- 9H00** – Stage 1 Start
- 12H40** – Estimated time for the arrival of the first finisher
- 13H00** – BIKE PARK Opening (Hotel Palace Asturias)
- 14H00** – Massage Service Opening (Hotel Palace Asturias)
- 19H00** – Teams Reunion / Jersey Lider Ceremony (Hotel Palace Asturias)
- 20H00** – Dinner (Hotel Palace Asturias)
- 22H00** – BIKE PARK Foreclosure
- 23H00** – Massage Service Foreclosure

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of the category.

LOCATIONS

START: PARQUE DE SANTIAGO - GPS: 40°39'58.78"N | 7°54'16.85"W

TEAMS REUNION | DINNER | BIKE PARK | WASHING BIKES | NEWS ROOM | MASSAGE | MECHANICAL ASSISTENCE:

PALACE HOTEL ASTURIAS

Lugar das Termas do Carvalhal, 3600-398 Mamouras

GPS: 40°51'8.35"N / 7°56'6.49"W

FINISH LINE: PISCINAS DE CASTRO DAIRE GPS: 40°54'8.24"N | 7°55'38.10"W

PATROCINADORES OFICIAIS ——— **OFFICIAL SPONSORS** ——— **PATROCINADORES OFICIALES**



HOTELS |

STAGE 1 |
VISEU – CASTRO DAIRE |
MAY 2ND 18 |

PALACE HOTEL ASTURIAS

Lugar das Termas do Carvalhal,
3600-398 Mamouras

PHONE +351 232 381 154

www.hotelasturias.pt

Email: geral@hotelasturias.pt

GPS: 40°51'8.35"N / 7°56'6.49"W

HOTEL MONTEMURO

Lugar das Termas do Carvalhal,
3600-398 Mamouras

PHONE +351 232 381 154

www.hotelasturias.pt

Email: geral@hotelasturias.pt

GPS: 40°51'8.35"N / 7°56'6.49"W



Termas do Carvalhal – Portugal



Hotel *Montemuro*

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.

The Municipality of Castro Daire will put at the disposal of the athletes a Mini Bus to make transfers/shuttles to the hotels.

BAGS

VISEU – START – The organization guarantees the transport of the bags that are left in right and identified place on the hotels or in the Bike Park.

PARQUE DE SANTIAGO - GPS: 40°39'58.78"N | 7°54'16.85"W

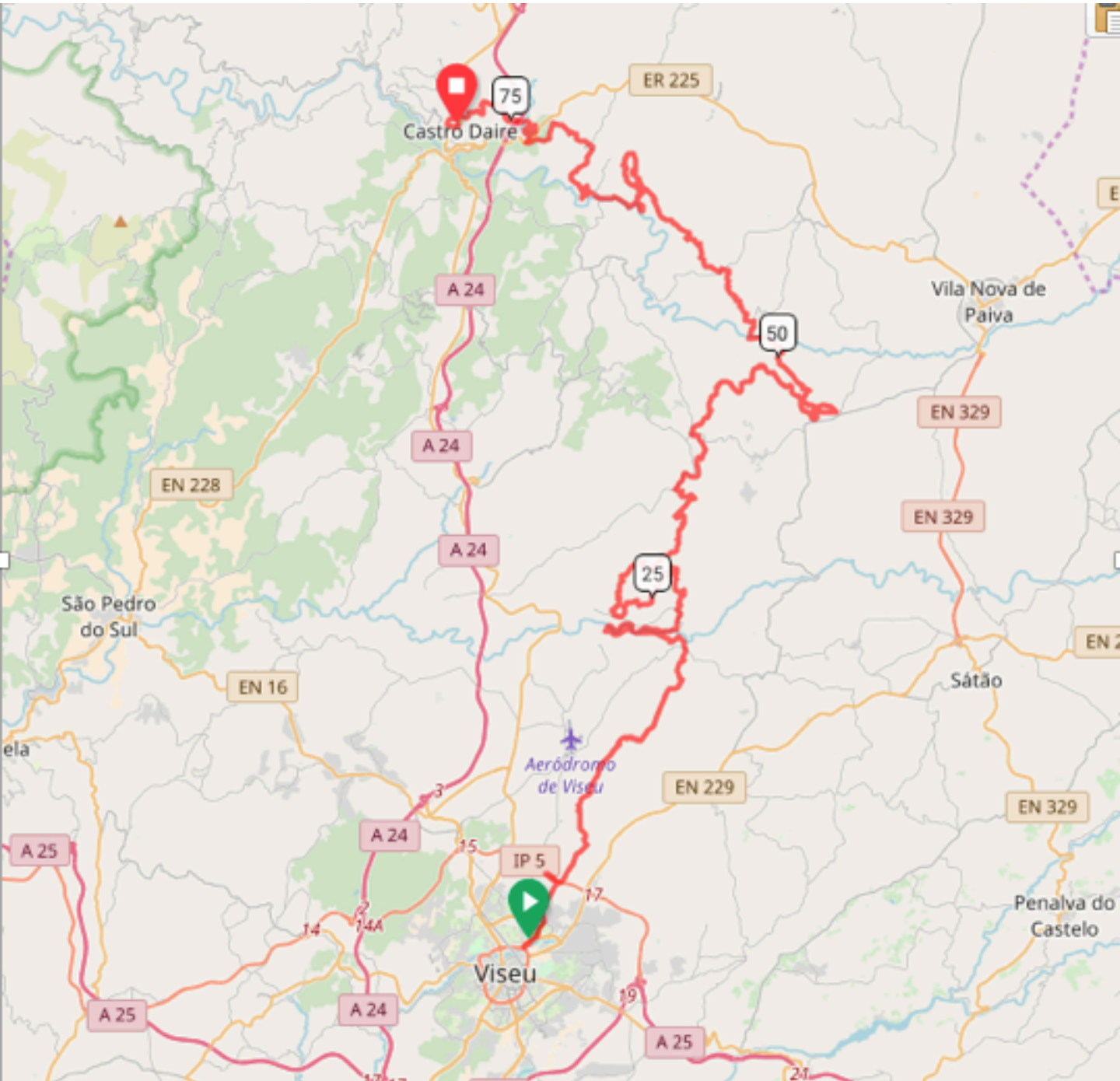
CASTRO DAIRE– FINISH LINE– The organization will transport the bags to the Hotels. The bags of the athletes who do not have a hotel reservation will have their bags next to the Finish Line.

PATROCINADORES OFICIAIS — OFFICIAL SPONSORS — PATROCINADORES OFICIALES



TRACKS |

STAGE 1 | VISEU – CASTRO DAIRE | MAY 2ND 18 |



PATROCINADORES OFICIAIS — OFFICIAL SPONSORS — PATROCINADORES OFICIALES



STAGE 1 | FEED ZONES |

STAGE 1 | VISEU – CASTRO DAIRE | MAY 2ND 18 |



FEED ZONES

| LOCATION | KM | GPS | TIME ESTIMATED FOR DISPLACEMENT OF TEAM SUPPORT |
|----------|---------|------------------------------|---|
| START | KM 0 | 40°39'58.78"N 7°54'16.85"W | - |
| FZ 1 | KM 21 | 40°45'35.11"N 7°50'53.17"W | 19 MIN |
| FZ 2 | KM 38 | 40°48'48.55"N 7°50'32.95"W | 22 MIN |
| FZ 3 | KM 66 | 40°52'54.17"N 7°52'34.64"W | 20 MIN |
| FINISH | KM 78,8 | 40°54'8.24"N 7°55'38.10"W | 18 MIN |
| HOTEL | KM 8 | 40°51'8.55"N 7°56'6.01"W | 14 MIN |

STAGE 1 – FINISH LINE



-  HOTEL ASTURIAS PALACE
-  HOTEL MONTEMURO
-  FINISH LINE META





3 MAY
2ND STAGE

CASTRO DAIRE
> S. PEDRO SUL

86.5 KM
DISTANCE

2500 M
CLIMBING

STAGE 2 - START



-  HOTEL ASTURIAS PALACE
-  HOTEL MONTEMURO
-  START INÍCIO



STAGE 2 |

CASTRO DAIRE - SÃO PEDRO DO SUL |

MAY 3RD 18 |

BOXES

- BOX 1 - JERSEY LIDERS
- BOX 2 - ELITES UCI MEN
- BOX 3 - ELITES UCI WOMEN
- BOX 4 - ELITE OPEN / MASTER 30
- BOX 5 - MASTER 40 / 50 / MIXED TEAMS

PROGRAM

- 7H00 - BIKE PARK Opening
- 8H30 - Boxes Opening
- 9H00 - Stage 2 Start
- 12H40 - Estimated time for the arrival of the first finisher
- 13H00 - BIKE PARK Opening (Hotel MONTE RIO)
- 14H00 - Massage Service Opening (Hotel INATEL PALACE)
- 19H00 - Teams Reunion (Hotel INATEL PALACE)
- 20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
- 22H00 - BIKE PARK Foreclosure (Hotel MONTE RIO)
- 23H00 - Massage Service Foreclosure

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of the category.

LOCATIONS

START: PARQUE DA FEIRA CASTRO DAIRE - GPS: 40°54'10.35"N | 7°55'55.58"W

TEAM REUNION | NEWS ROOM | MASSAGE

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

DINNERS (Dinner at the hotel where you are staying)

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

FINISH: ESTAÇÃO - INICIO ECOPISTA - GPS: 40°45'16.23"N | 8° 3'50.05"W

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TRANSFER/ SHUTTLE TO PICK YOUR CAR FROM VISEU TO YOUR LAST LOCATION



TRANSFER/SHUTTLE TO VISEU

The Portugal MTB organization will have only one transfer/shuttle to the athletes to go and get the car from the first location of the race to the last point (hotel) where they will stay.

- The Transfer/shuttle will happen on May 3rd at 17H30.
- LOCATION:
INATEL PALACE
Termas de São Pedro do Sul, 3660-692 Várzea SPS
GPS: 40° 44´ 20" N / 8° 05´ 23" O
- The transfer will be from Termas de São Pedro do Sul to Viseu, city where the event start.
- All athletes are advised to leave the car in Viseu in the Free Parking next to the Parque de Santiago.
- For logistical reasons will be allowed the transfer of only one athlete per car.

HOTELS |

STAGE 2 | CASTRO DAIRE - SÃO PEDRO DO SUL | MAY 3RD 18 |

HOTEL INATEL PALACE

Termas de São Pedro do Sul, 3660-692 Várzea SPS

PHONE +351 232 720 200

www.inatel.pt

Email: inatel.spsul@inatel.pt

GPS: 40° 44' 20" N / 8° 05' 23" O

HOTEL MONTE RIO

Várzea, São Pedro do Sul

PHONE +351 232 720 040

www.hotelmonterio.com.pt

Email: saopedro@hotelmonterio.com.pt

GPS: 40°44'24.21"N / 8°5'4.34"W

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/Team.

The displacement from the finish line to the Hotel is the responsibility of the athlete/ Team.

BAGS

TERMAS DO CARVALHAL – START – The organization ensures the transport of the bags that are placed in the following location (BIKE PARK HOTEL PALACE ASTURIAS):

HOTEL PALACE ASTURIAS - GPS: 40°51'8.35"N | 7°56'6.49"W

TERMAS DE S.P.S. – FINISH LINE – The organization ensures the transport of the bags to the Hotel (HOTEL MONTE RIO/INATEL PALACE). For those which haven't Hotel reservations will have their bags on next to the finish line.

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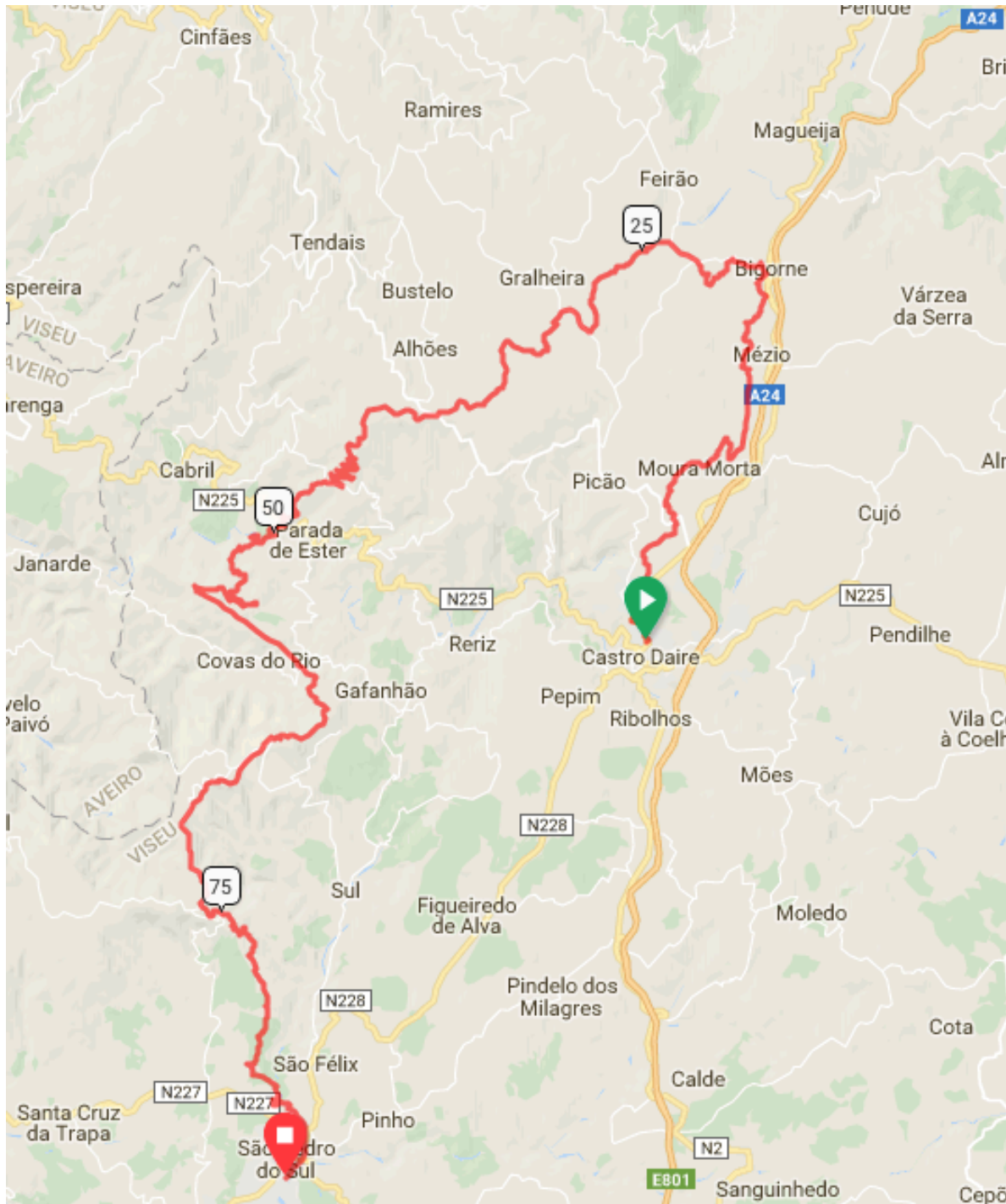
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TRACKS |

STAGE 2 | CASTRO DAIRE - SÃO PEDRO DO SUL | MAY 3RD 18 |



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STAGE 2 |

CASTRO DAIRE - SÃO PEDRO DO SUL |

MAY 3RD 18 |

STAGE 2 |
FEED ZONES |

86.5 KM DISTANCE | 2500 M CLIMBING

3 MAY > 2ND STAGE

CASTRO DAIRE > S. PEDRO SUL



FEED ZONES

| LOCATION | KM | GPS | TIME ESTIMATED FOR DISPLACEMENT OF TEAM SUPPORT |
|----------|--------|------------------------------|---|
| START | KM 0 | 40°54'10.34"N 7°55'55.45"W | - |
| FZ 1 | KM 20 | 41° 0'21.24"N 7°53'16.12"W | 15 MIN |
| FZ 2 | KM 38 | 40°57'59.30"N 8° 0'33.79"W | 23 MIN |
| FZ 3 | KM 66 | 40°52'35.99"N 8° 4'7.95"W | 30 MIN |
| FINISH | KM 87 | 40°45'16.49"N 8° 3'49.51"W | 22 MIN |
| HOTELS | KM 2,5 | 40°44'21.00"N 8° 5'9.17"W | 7 MIN |

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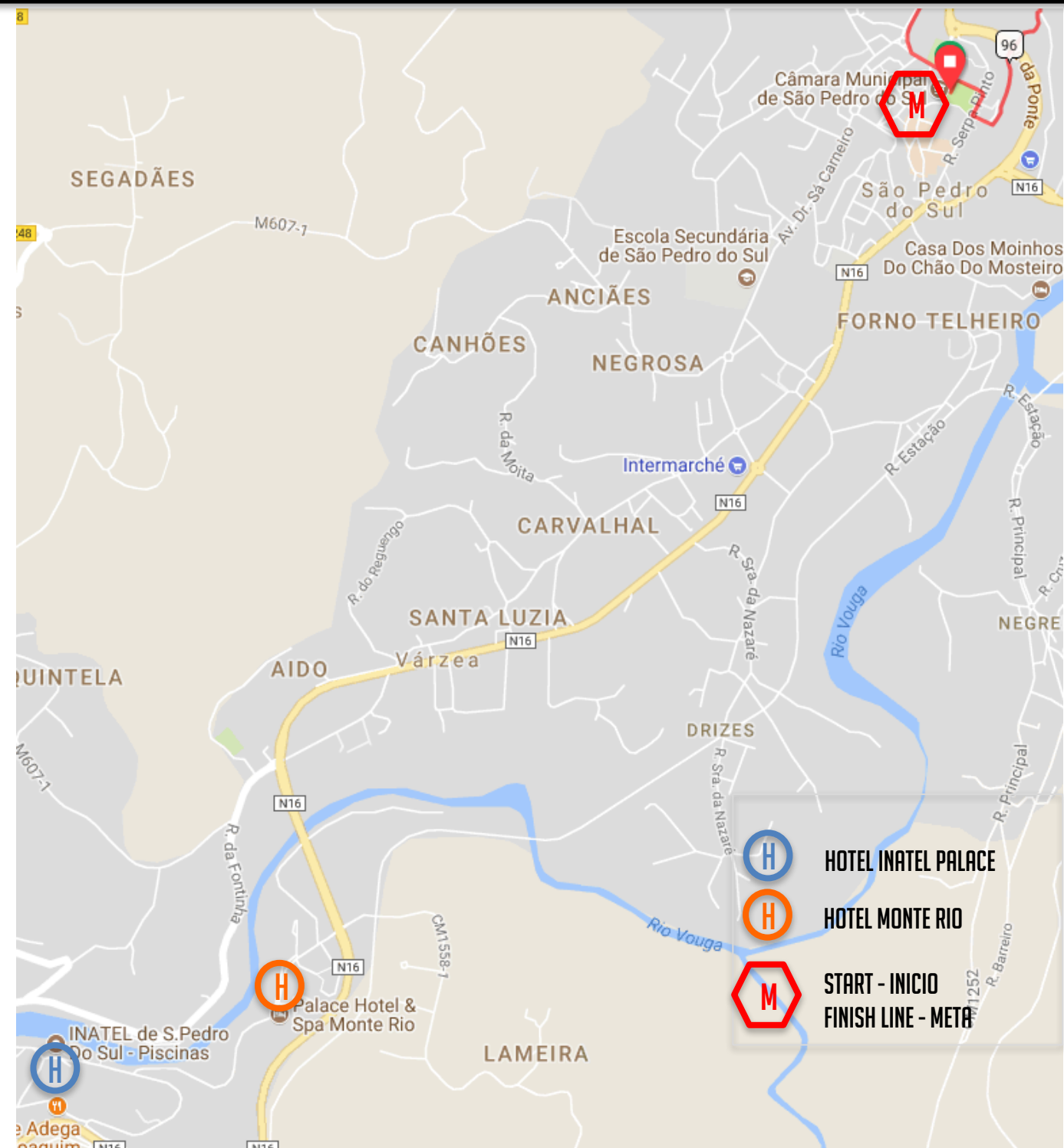
4 MAY
3RD STAGE

S. PEDRO SUL
> S. PEDRO SUL

96.5 KM
DISTANCE

3150 M
CLIMBING

STAGE 3 - START



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STAGE 3 |

SÃO PEDRO DO SUL - SÃO PEDRO DO SUL |

MAY 4TH 18 |

BOXES

- BOX 1 - JERSEY LIDERS
- BOX 2 - ELITES UCI MEN
- BOX 3 - ELITES UCI WOMEN
- BOX 4 - ELITE OPEN / MASTER 30
- BOX 5 - MASTER 40 / 50 / MIXED TEAMS

PROGRAM

- 7H00 - BIKE PARK Opening
- 8H30 - Boxes Opening
- 9H00 - Start Stage 3
- 13H45 - Estimated time for the arrival of the first finisher
- 14H00 - BIKE PARK Opening (Hotel MONTE RIO)
- 14H00 - Massage Service Opening (Hotel INATEL PALACE)
- 19H00 - Teams Reunion (Hotel INATEL PALACE)
- 20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
- 22H00 - BIKE PARK Foreclosure (Hotel MONTE RIO)
- 23H00 - Massage Service Foreclosure

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of the category.

LOCATIONS

START: CÂMARA MUNICIPAL DE S.P.S. - GPS: 40°45'44.43"N | 8° 3'47.48"W

TEAM REUNION | NEWS ROOM | MASSAGE

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

DINNERS (Dinner at the hotel where you are staying)

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

FINISH: CÂMARA MUNICIPAL DE S.P.S. - GPS: 40°45'44.43"N | 8° 3'47.48"W

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STAGE 3 |

SÃO PEDRO DO SUL - SÃO PEDRO DO SUL |

MAY 4TH 18 |

HOTELS |

HOTEL INATEL PALACE

Termas de São Pedro do Sul, 3660-692 Várzea SPS

PHONE +351 232 720 200

www.inatel.pt

Email: inatel.spsul@inatel.pt

GPS: 40° 44' 20" N / 8° 05' 23" O

HOTEL MONTE RIO

Várzea, São Pedro do Sul

PHONE +351 232 720 040

www.hotelmonterio.com.pt

Email: saopedro@hotelmonterio.com.pt

GPS: 40°44'24.21"N / 8°5'4.34"W

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/Team.

The displacement from the finish line to the Hotel is the responsibility of the athlete/ Team.

BAGS

Given that all teams stay in the same hotels, the organization no longer carries out the athlete´s bag transportation.

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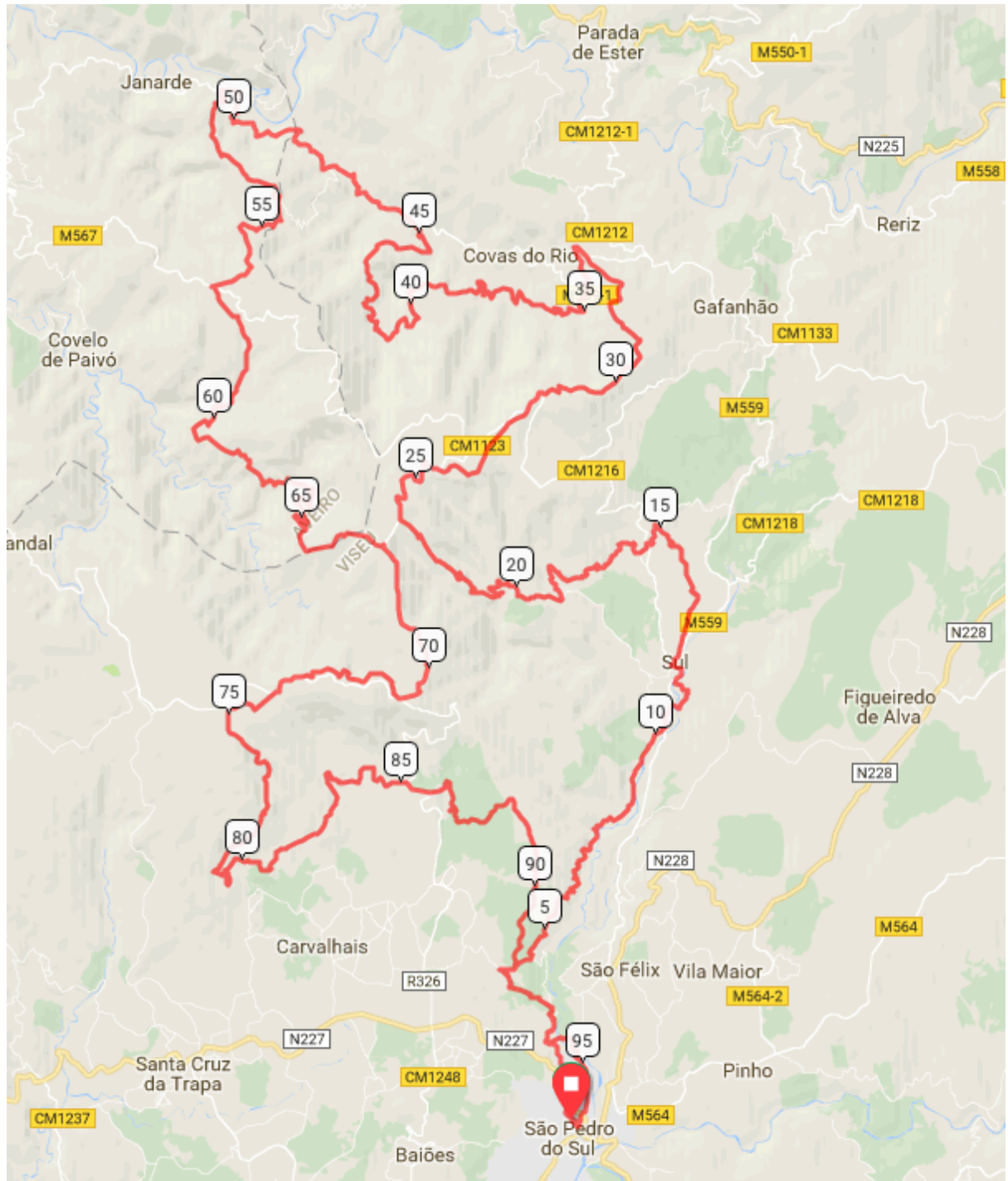


STAGE 3 |

SÃO PEDRO DO SUL - SÃO PEDRO DO SUL |

MAY 4TH 18 |

TRACKS |



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STAGE 3 | FEED ZONES |

SÃO PEDRO DO SUL - SÃO PEDRO DO SUL | MAY 4TH 18 |

STAGE 3 |

96.5 KM DISTANCE | 3150 M CLIMBING

4 MAY > 3RD STAGE

S. PEDRO SUL > S. PEDRO SUL



FEED ZONES

| LOCATION | KM | GPS | TIME ESTIMATED FOR DISPLACEMENT OF TEAM SUPPORT |
|----------|--------|-----------------------------|---|
| START | KM 0 | 40°45'44.43"N 8°3'47.48"W | - |
| FZ 1 | KM 24 | 40°51'25.46"N 8°5'56.93"W | 20 MIN |
| FZ 2 | KM 50 | 40°55'24.42"N 8°7'55.71"W | 35 MIN |
| FZ 3 | KM 70 | 40°51'10.78"N 8°6'8.40"W | 35 MIN |
| FINISH | KM 96 | 40°45'44.43"N 8°3'47.48"W | 20 MIN |
| HOTELS | KM 2,5 | 40°44'21.00"N 8°5'9.17"W | 7 MIN |

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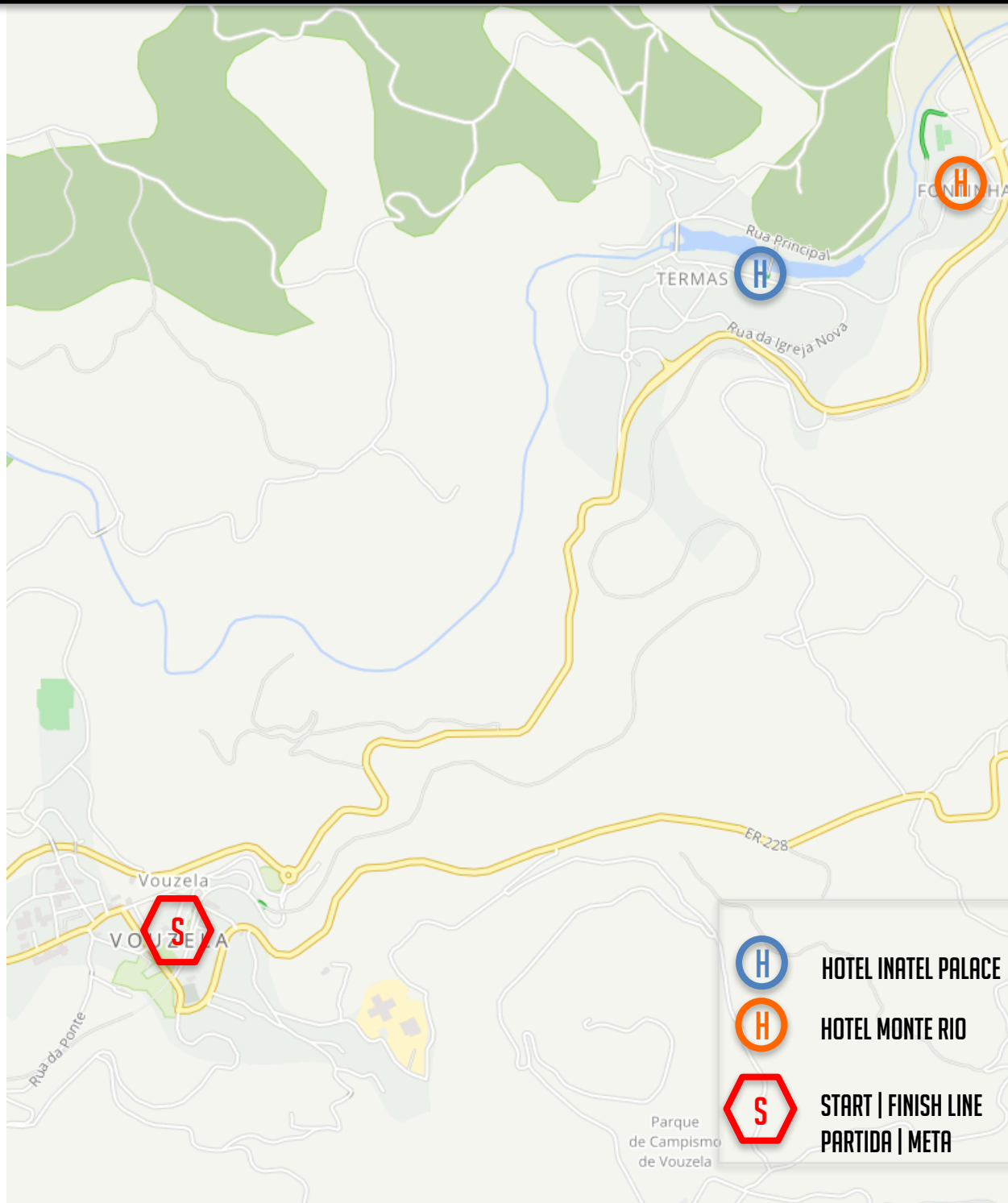
5 MAY
4TH STAGE

VOUZELA
(3 LAPS)

10 KM
DISTANCE

280 M
CLIMBING

STAGE 4 – START | FINISH



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STAGE 4 | VOUZELA | MAY 5TH 18 |

BOXES

- BOX 1 - JERSEY LIDERS
- BOX 2 - ELITES UCI MEN
- BOX 3 - ELITES UCI WOMEN
- BOX 4 - ELITE OPEN / MASTER 30
- BOX 5 - MASTER 40 / 50 / MIXED TEAMS

PROGRAM

- 7H00 - BIKE PARK Opening
- 9H30 - Boxes Opening
- 10H00 - Stage 4 Start
- 11H30 - Estimated Time for the arrival of the first finisher
- 12H00 - BIKE PARK Opening (Hotel MONTE RIO)
- 14H00 - Massage Service Opening (Hotel INATEL PALACE)
- 19H00 - Teams Reunion (Hotel INATEL PALACE)
- 20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
- 22H00 - BIKE PARK Foreclose (Hotel MONTE RIO)
- 23H00 - Massage Service Foreclosure

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of the category.

LOCATIONS

START: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N | 8° 6'34.93"W

TEAM REUNION | NEWS ROOM | MASSAGE

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

DINNER (Dinner at the hotel where you are staying)

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

FINISH: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N | 8° 6'34.93"W

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TRACKS |

STAGE 4 | VOUZELA | MAY 5TH 18 |



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6 MAY
5TH STAGE

VOUZELA
> TERMAS S. PEDRO SUL

70 KM
DISTANCE

1850 M
CLIMBING

STAGE 5 – START | FINISH



| | |
|--|---------------------|
| | HOTEL INATEL PALACE |
| | HOTEL MONTE RIO |
| | START PARTIDA |
| | FINISH LINE META |

STAGE 5 | VOUZELA – TERMAS DE SÃO PEDRO DO SUL | MAY 6TH 18 |

BOXES

- BOX 1 – JERSEY LIDERS
- BOX 2 – ELITES UCI MEN
- BOX 3 – ELITES UCI WOMEN
- BOX 4 – ELITE OPEN / MASTER 30
- BOX 5 – MASTER 40 / 50 / MIXED TEAMS

PROGRAM

- 7H00 – BIKE PARK Opening
- 8H30 – Boxes Opening
- 9H00 – Stage 5 Start
- 12H15 – Estimated time for the arrival of the first finisher
- 13H00 – BIKE PARK Opening (Hotel MONTE RIO)
- 14H00 – Massage Service Opening (Hotel INATEL PALACE)
- 14H00 – Meal and entertainment space- AWARDS CEREMONY (16H00)
- 20H00 – Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
- 22H00 – BIKE PARK Foreclosure (Hotel MONTE RIO)
- 23H00 – Massage Service Foreclosure (Hotel INATEL PALACE)

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of the category.

LOCATIONS

START: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N | 8° 6'34.93"W

MASSAGE

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

DINNER (Dinner at the hotel where you are staying)

HOTEL MONTE RIO - GPS: 40°44'24.21"N | 8°5'4.34"W

HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N | 8° 05 ' 23" O

FINISH: PARQUE TERMAS DE SÃO PEDRO DO SUL - GPS: 40°44'22.93"N | 8° 5'22.14"W

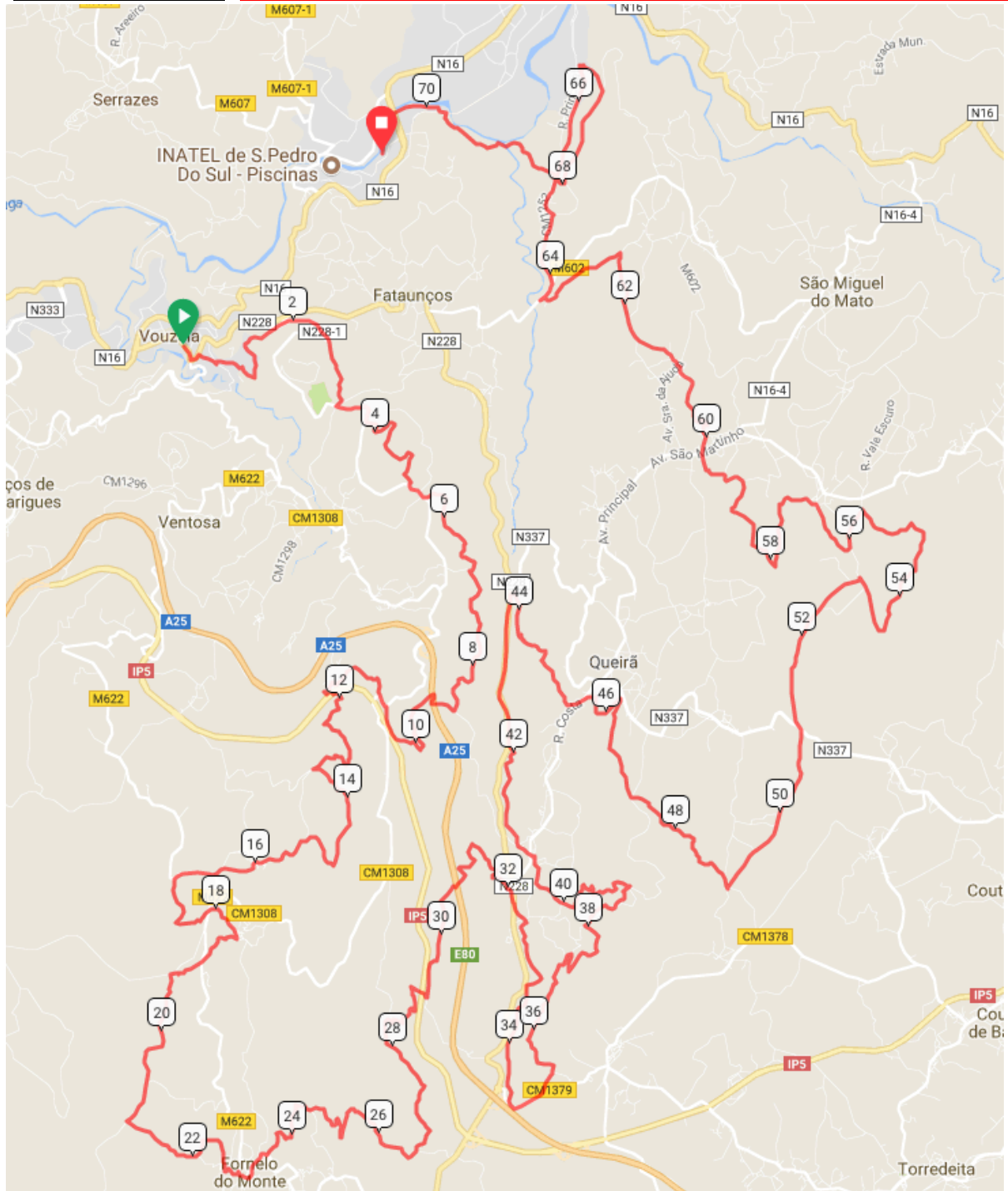
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STAGE 5 |

VOUZELA - TERMAS DE SÃO PEDRO DO SUL |

MAY 6TH 18 |

TRACKS |



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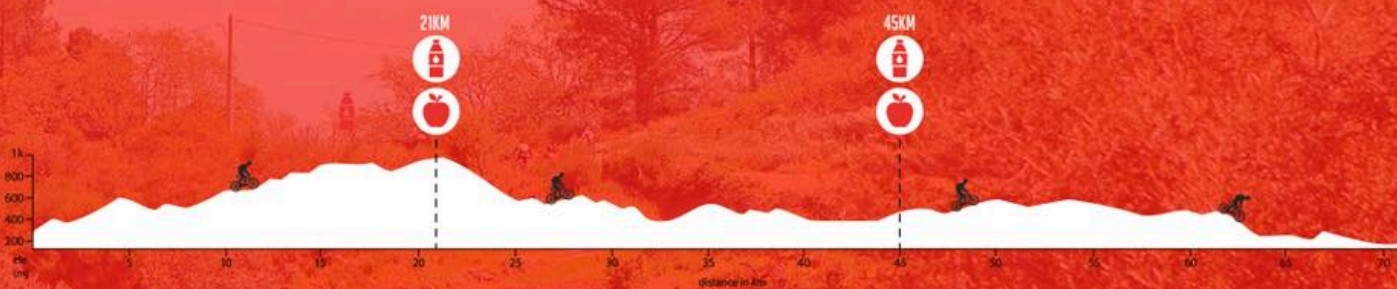
STAGE 5 | FEED ZONES |

STAGE 5 | VOUZELA – TERMAS DE SÃO PEDRO DO SUL | MAY 6TH 18 |

70 KM DISTANCE | 1850 M CLIMBING

6 MAY > 5TH STAGE

VOUZELA > TERMAS S. PEDRO SUL



FEED ZONES

| LOCATION | KM | GPS | TIME ESTIMATED FOR DISPLACEMENT OF TEAM SUPPORT |
|----------|---------|------------------------------|---|
| START | KM 0 | 40°43'18.57"N 8° 6'34.93"W | - |
| FZ 1 | KM 21,5 | 40°38'32.90"N 8° 6'15.28"W | 20 MIN |
| FZ 2 | KM 45 | 40°41'18.59"N 8° 3'33.98"W | 25 MIN |
| FINISH | KM 70 | 40°44'22.93"N 8° 5'22.14"W | 20 MIN |

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PORTUGAL
TO BE AWESOME

**EVENT
SERVICES**

PORTUGAL MTB TO BE AWESOME 

EVENT SERVICES

REINFORCEMENTS DURING THE STAGE AND AT THE FINISH LINE (Free)

- Solid and liquid reinforcements at each stage along the courses and at the finish line. The intermediate reinforcements have things like Fruit, Bars, Marmalade, Water, Isotonic, etc. Drinks will be available in large Bidons for athletes to serve themselves, and food distributed and cut. The final reinforcements are composed of cold pasta, spring rice, grain or beans, fruit, jellies, water and recovery. Drinks will be available in large cans for athletes to serve themselves as well as solid food.

WASHING BIKES AREAS (Free)

- Area of bicycle washes intended for athletes who have not acquired the Bike Wash Service + Mechanical Service (Bike Wash; Bike Lubricate; Bike Tuning).

MEDICAL SERVICE (Free)

- The event has an official doctor, as well as means of distress scattered through the stages, which and monitoring and make them available to the athletes for medical assistance during the race.

BATHHOUSES (Free)

- The event has at the athlete's disposal bathhouses near the zones of finish lines, during all the days of the race.

MASSAGE SERVICE (Paid)

- The event has at the athlete's disposal a team of masseurs specialized in sports massages for all days of the race.

MECHANICAL AND TECHNICAL ASSISTANCE SERVICE (Free /Paid)

- The event has at the disposal of the athletes a team of technical and mechanical assistance, during the course of the stages and after the race. The technical and mechanical service is free, but all parts or materials associated with repairs are paid by the athletes who requested it.

SERVIÇOS EVENTO

FINAL MEAL (Free)

- The organization of Portugal MTB offers a space of meal after the end of the last stage, open to all the athletes who participated in the race, as well as all the companions involved in Portugal MTB during the week.



MASSAGES

PORTUGAL MTB **TO BE AWESOME** 

MASSAGE

The massage locations are in this race guide previously defined for all the stages of the event. These locations will be identified as follows:



MASSAGE

Messages (20 Minutes Session) PACK (Only available for acquire prior to the event.)

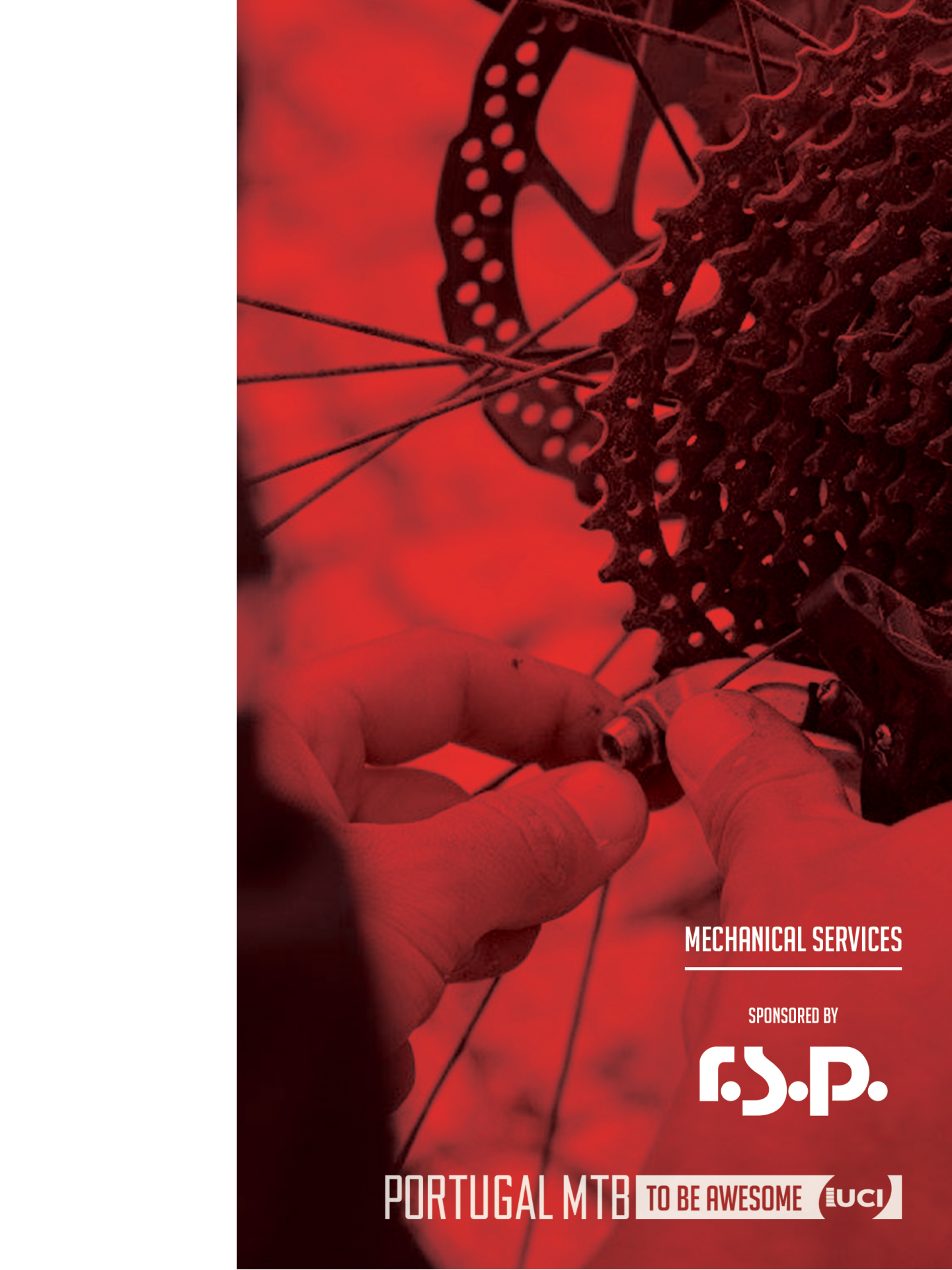
- All athletes who have acquired the message pack (4 UNID) must go to the Massage team to book with them the days and hours that they want to use the massage service.

Messages (20 Minutes Session) (UNIT) - 25,00€/athlete

The athlete can also request and schedule massages **during the days of the event**, with the PORTUGAL MTB Messages team. The unit cost of each massage requested must be paid directly to the Messages during the week of the event has the value of € 25 per athlete / person.

All massages require prior appointment with the massage team. Access to the massage can be done from 14:00 to 23:00 with massage periods of 20 minutes.

The massages sessions (1 unit) are the only ones possible to acquire during the week of the event.



MECHANICAL SERVICES

SPONSORED BY

r.s.p.

PORTUGAL MTB TO BE AWESOME (UCI)

INFORMATION – MECHANICAL AND TECHNICAL ASSISTANCE

The mechanical assistance locations are in this race guide previously defined for all the stages of the event.

MECHANICAL AND TECHNICAL ASSISTANCE

Bike Wash Service + Mechanical Service (Bike Wash; Bike Lubricate; Bike Tuning) PACK (Only available for acquire prior to the event.)

- All athletes who have acquired the Serviço de Lavagem + Serviço de Mecânica (Lavar; Lubrificar; Afinar) [5 UNID] they must previously combine with the mechanical team the procedure of delivery of the bicycles for the execution of the service acquired.

Bike Wash Service + Mechanical Service (Bike Wash; Bike Lubricate; Bike Tuning) (UNIT) - 12,50€/ athlete

- The athlete can still order and schedule Bike Wash Service + Mechanical Service (Bike Wash; Bike Lubricate; Bike Tuning) **during the event days**, with the PORTUGAL MTB Mechanical Team. The unit cost of this service must be requested and paid directly to the Mechanical team and has a value of 12.50 € per athlete/bike.

Bike Wash Service + Mechanical Service (Bike Wash; Bike Lubricate; Bike Tuning) can only be acquired during the week of the event by unit.

All parts associated with repairs during the course of the race or between stages will be paid separately to the Mechanical team.



A-2

E-5

R-3

A-3

M-50

GPS TRACKER

PORTUGAL MTB TO BE AWESOME 

GPS TRACKER

TRACKERS

All teams of the categories **UCI ELITE MEN / UCI ELITE WOMEN** and the **LEADERS of the remaining Categories** will be required to run with a GPS Tracker device, in all Stages of PORTUGAL MTB with the exception of the Prologue.

- It is the responsibility of the athlete /team to collect the device from the Portugal MTB team prior to start of the stages, in a tent properly identified at the starting line.
- All GPS Tracker devices must be returned daily to the organization. The return of the device to the organization is the responsibility of the athlete /team.
- All other athletes will be informed the day before via TEXT MESSAGE of the need to pick up the device the next morning.
- Only one device will be delivered per team.

PORTUGAL MTB TO BE AWESOME

PROZIS – NUTRITION PARTNER

REFUEL AFTER WORKOUT



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PORTUGAL MTB TO BE AWESOME

TRANSFERS/ SHUTTLES



Shuttles from Aeroporto Sá Carneiro OPORTO-VISEU / TERMAS SÃO PEDRO SUL-OPORTO:

- **Schedule:** APRIL 30th at 14H00 / 21H00; MAY 7th at 00H00 / 08H00.
- The organization is not responsible for possible delays in flights. The MAX time waiting after the scheduled time for departure is 15 Min.
- The driver of the shuttle company will be duly identified with the information plate of the event:



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PORTUGAL MTB

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WWW.PORTUGALTOURMTB.COM



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